



**Ulster Open Championships - 2024 | Results**  
**Dates:** November 9th & 10th - 2024  
**Venue:** Boundary CrossFit (Belfast)



Div/Lot No.	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total			
							1	2	3	Best	1	2	3	Best	Total	Rank	Sinclair	
<b>U13 / F 40</b>																		
45	<b>Pedlow</b>	<b>Poppy</b>	U13 F 40	39.4	Asylum Weightlifting Club	22/06/2013	13	15	17	<b>17</b>	18	20	22	<b>22</b>	<b>39</b>	1st	<b>73.496</b>	
1	<b>Milne</b>	<b>Harper</b>	U13 F 40	30.5	Asylum Weightlifting Club	15/04/2016	9	10	-11	<b>10</b>	10	11	13	<b>13</b>	<b>23</b>	2nd	<b>56.255</b>	
<b>U15 / F 45</b>																		
6	<b>Barnes</b>	<b>Ellie</b>	U15 F 45	42.5	Asylum Weightlifting Club	12/01/2010	24	26	27	<b>27</b>	29	31	32	<b>32</b>	<b>59</b>	1st	<b>103.822</b>	
<b>U15 / F 49</b>																		
56	<b>Newell</b>	<b>Darcey</b>	U15 F 49	47.8	Asylum Weightlifting Club	27/10/2010	42	-45	-45	<b>42</b>	50	-53	-	<b>50</b>	<b>92</b>	1st	<b>146.694</b>	
<b>F 55</b>																		
39	<b>Kelly</b>	<b>Karla</b>	F 55	54.1	Fianna Weightlifting Club	02/04/1986	51	53	-54	<b>53</b>	67	69	71	<b>71</b>	<b>124</b>	1st	<b>180.043</b>	
44	<b>Foo</b>	<b>Shermaine</b>	F 55	54.1	Asylum Weightlifting Club	08/10/1993	29	31	-33	<b>31</b>	40	43	46	<b>46</b>	<b>77</b>	2nd	<b>111.801</b>	
21	<b>Brown</b>	<b>Phil</b>	F 55	54.8	Fianna Weightlifting Club	17/10/1959	32	34	-36	<b>34</b>	-42	42	-44	<b>42</b>	<b>76</b>	3rd	<b>109.347</b>	
<b>F 59</b>																		
22	<b>Murray</b>	<b>Niamh</b>	F 59	58.5	Fianna Weightlifting Club	25/06/1992	-66	66	69	<b>69</b>	88	91	-93	<b>91</b>	<b>160</b>	1st	<b>220.158</b>	
14	<b>Cuddy</b>	<b>Emma</b>	F 59	56.4	Fianna Weightlifting Club	26/08/2000	36	38	40	<b>40</b>	50	52	-54	<b>52</b>	<b>92</b>	2nd	<b>129.745</b>	
16	<b>McCann</b>	<b>Christine</b>	F 59	57.8	Fianna Weightlifting Club	03/07/1967	33	35	-37	<b>35</b>	51	53	55	<b>55</b>	<b>90</b>	3rd	<b>124.834</b>	
3	<b>McGimpsey</b>	<b>Kara</b>	F 59	56.5	Asylum Weightlifting Club	13/4/1988	30	32	34	<b>34</b>	40	44	47	<b>47</b>	<b>81</b>	4th	<b>114.093</b>	
<b>U15 / F 64</b>																		
51	<b>Jordan</b>	<b>Leah</b>	U15 F 64	63.2	Scrabo Strength Weightlifting Club	16/03/2010	-45	-45	45	<b>45</b>	-48	48	50	<b>50</b>	<b>95</b>	1st	<b>124.467</b>	
<b>F 64</b>																		
62	<b>Stevenson</b>	<b>Megan</b>	F 64	63.1	Scrabo Strength Weightlifting Club	23/12/2005	58	62	66	<b>66</b>	-79	79	82	<b>82</b>	<b>148</b>	1st	<b>194.094</b>	
26	<b>McKay</b>	<b>Michaela</b>	F 64	63.4	Scrabo Strength Weightlifting Club	21/12/1988	55	58	61	<b>61</b>	70	73	75	<b>75</b>	<b>136</b>	2nd	<b>177.844</b>	
37	<b>Browne</b>	<b>Sinead</b>	F 64	60.5	Fianna Weightlifting Club	01/10/2000	-40	40	42	<b>42</b>	50	52	54	<b>54</b>	<b>96</b>	3rd	<b>129.244</b>	
8	<b>Byrne</b>	<b>Gabrielle</b>	F 64	63.2	Fianna Weightlifting Club	27/02/1963	32	-35	35	<b>35</b>	45	48	-50	<b>48</b>	<b>83</b>	4th	<b>108.745</b>	

<b>U13 / F &gt;71</b>																	
4	Henning	Sasha	U13 F >71	75.8	Asylum Weightlifting Club	30/06/2012	28	30	-32	30	38	40	42	42	72	1st	85.425
<b>U15 / F 71</b>																	
74	McLarnon	Anna	U15 F 71	64.2	Asylum Weightlifting Club	18/04/2010	50	52	54	54	61	-63	63	63	117	1st	151.849
<b>YTH F 71</b>																	
30	McLarnon	Tara	YTH F 71	69.3	Scrabo Strength Weightlifting Club	15/12/2008	-43	43	-46	43	48	50	52	52	95	1st	118.031
<b>F 71</b>																	
55	Canning	Molly	F 71	69	Scrabo Strength Weightlifting Club	16/06/2001	60	64	-67	64	-82	82	84	84	148	1st	184.316
60	Coyle	Megan	F 71	65.8	Fianna Weightlifting Club	30/01/1993	51	54	57	57	71	74	77	77	134	2nd	171.41
23	Millar	Erin	F 71	68.6	Unattached	27/11/1998	55	58	61	61	69	-72	-75	69	130	3rd	162.418
29	Ryder	Claire	F 71	67.5	Scrabo Strength Weightlifting Club	04/06/1991	48	51	53	53	-60	62	-64	62	115	4th	144.977
5	McLarnon	Maureen	F 71	64.7	Scrabo Strength Weightlifting Club	5/8/1969	43	-46	46	46	63	-66	67	67	113	5th	145.983
20	McQuillan	Rebecca	F 71	70.9	Asylum Weightlifting Club	03/11/1990	47	-49	-50	47	-56	56	-60	56	103	6th	126.412
41	Courtney	Soul-Be	F 71	68.3	Asylum Weightlifting Club	05/08/2006	40	42	44	44	51	54	-57	54	98	7th	122.735
24	Donnegan	Lisa	F 71	68.6	Fianna Weightlifting Club	17/06/1987	-40	-40	-40	-	40	44	48	48	-	-	-
<b>F 76</b>																	
52	Reilly	Joyce	F 76	73.7	Fianna Weightlifting Club	04/11/1994	67	70	73	73	80	84	88	88	161	1st	193.685
49	Johnston	Judith	F 76	74.3	Fianna Weightlifting Club	11/06/1994	60	63	65	65	77	80	83	83	148	2nd	177.326
42	Menary	Niamh	F 76	72.9	Fianna Weightlifting Club	04/06/1992	58	61	63	63	77	80	83	83	146	3rd	176.614
10	McGee	Sharon	F 76	73.4	Fianna Weightlifting Club	02/01/1980	50	53	-56	53	68	71	74	74	127	4th	153.097
17	McKee	Rebecca	F 76	74.8	Scrabo Strength Weightlifting Club	09/12/1993	42	44	46	46	-53	53	55	55	101	5th	120.771
64	Bonus	Sabine	F 76	74.6	The Lab Weightlifting	14/09/1988	36	39	41	41	55	-58	60	60	101	6th	120.612
31	Cadden	Charlene	F 76	75	Fianna Weightlifting Club	08/01/1990	35	38	40	40	42	45	48	48	88	7th	104.95
<b>F 81</b>																	
40	Butler	Christina	F 81	80.1	The Lab Weightlifting	30/01/1989	43	46	49	49	64	67	70	70	119	1st	137.616
71	Casey	Courtney	F 81	77.9	The Lab Weightlifting	12/06/1997	45	-48	-48	45	-63	63	-65	63	108	2nd	126.488
15	Steele	Katie	F 81	79.7	Scrabo Strength Weightlifting Club	08/07/2003	40	43	-45	43	55	58	61	61	104	3rd	120.539
34	Goudy	Lynne	F 81	79.2	Scrabo Strength Weightlifting Club	23/06/1974	38	40	-42	40	54	-57	-57	54	94	4th	109.258
<b>F 87</b>																	
18	Hayes	Victoria	F 87	84.3	Fianna Weightlifting Club	10/08/1995	54	57	-60	57	66	70	73	73	130	1st	147.081
19	Behan	Cody	F 87	84.7	Fianna Weightlifting Club	04/01/1997	44	47	-50	47	55	59	-61	59	106	2nd	119.696
58	Clinton Coyne	Stephanie	F 87	85	The Lab Weightlifting	29/04/2003	-25	25	27	27	35	38	41	41	68	3rd	76.676
<b>F &gt;87</b>																	
54	Milne	Rebekah	F >87	89.4	Scrabo Strength Weightlifting Club	20/04/1992	40	43	-45	43	60	-63	65	65	108	1st	119.418
33	Charlton	Jessica	F >87	87.8	Fianna Weightlifting Club	10/09/1990	35	38	40	40	45	48	50	50	90	2nd	100.195
57	Clinton Coyne	Megan	F >87	89.1	The Lab Weightlifting	01/02/2000	20	22	24	24	30	32	-34	32	56	3rd	61.998