



WEIGHTLIFTING IRELAND

Age-Grade Open – 2024

Female Results

Date: April 20th – 2024

Venue: Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
U15	49	Darcey Newell	Asylum Weightlifting Club	45.25	36	38	40	40	46	48	50	50	90	1 st	150.08
U13	49	Leah O'Donoghue	Mullingar Weightlifting Club	48.70	-30	31	-33	31	36	39	-41	39	70	1 st	109.98
U13	49	Paige Minihane	Cork Weightlifting Club	46.10	27	29	31	31	31	33	-35	33	64	2 nd	105.09
Jr	55	Margaret Janos	TU Dublin Weightlifting Club	53.90	-50	50	53	53	60	65	68	68	121	1 st	176.15
Y	59	Isabella Bradley	Mullingar Weightlifting Club	58.10	24	25	-27	25	29	32	34	34	59	1 st	81.55
U23	59	Alex Thom	Scrabo Strength Weightlifting Club	56.30	52	54	-57	54	64	-68	-70	64	118	1 st	166.61
U13	64	Laura Novak	Capital Strength Weightlifting Club	60.40	43	45	47	47	56	58	60	60	107	1 st	144.21
U13	64	Grace Carthy	Mullingar Weightlifting Club	61.80	27	29	31	31	29	33	36	36	67	2 nd	89





U15	64	Leah Jordan	Scrabo Strength Weightlifting Club	62.50	35	37	39	39	40	43	-45	43	82	1 st	108.17
Y	64	Sinead Bowers	Mullingar Weightlifting Club	59.80	36	38	40	40	48	51	54	54	94	1 st	127.5
Y	64	Zara Mulhall Werner	Unattached	63.20	15	17	20	20	25	30	31	31	51	2 nd	66.82
Jr	64	Lucy Linehan	Unattached	62.40	15	20	22	22	25	-30	30	30	52	1 st	68.66
U23	64	Holly O'Reilly	TU Dublin Weightlifting Club	61.20	28	31	-34	31	35	40	45	45	76	1 st	101.58
U15	71	Anna McLarnon	Asylum Weightlifting Club	67.70	43	45	47	47	-55	55	58	58	105	1 st	132.15
Y	71	Alanna Cuddy	Fianna Weightlifting Club	70.50	53	56	58	58	72	76	-79	76	134	1 st	164.95
Y	71	Tara McLarnon	Scrabo Weightlifting Club	68.70	-40	-40	40	40	45	48	51	51	91	2 nd	113.6
Jr	71	Molly O'Connor	Capital Strength Weightlifting Club	66.30	72	74	76	76	87	90	-92	90	166	1 st	211.42
U23	71	Molly Canning	Scrabo Strength Weightlifting Club	67.90	61	64	-68	64	-80	80	-84	80	144	1 st	180.94
U23	71	Siobhan Fitzgerald	CFI Weightlifting Club	65.80	-43	43	47	47	53	60	65	65	112	2 nd	143.27





Jr	76	Shauna Kiely	Unattached	71.40	68	70	72	72	86	89	-91	89	161	1 st	196.86
U23	76	Aoife O'Moore	Capital Strength Weightlifting Club	75.10	68	70	72	72	97	100	P	100	172	1 st	205
U23	76	Dearbhla Ormonde	Fianna Weightlifting Club	72.30	62	-65	-65	62	75	78	81	81	143	2 nd	173.72
U23	76	Katie Steele	Scrabo Strength Weightlifting Club	74.90	40	43	-45	43	-50	50	-54	50	93	3 rd	110.99
U15	87	Sienna Campion	Unattached	82.10	-40	40	-45	40	50	55	-60	55	95	1 st	108.68
Jr	87+	Katie O'Connor	CFI Weightlifting Club	93.10	40	43	-50	43	50	60	-70	60	103	1 st	112.25

