



# WEIGHTLIFTING IRELAND

## Dublin Open | Results

Dates: December 1<sup>st</sup> & 2<sup>nd</sup> - 2023

Venue: Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	55	Marykate Foran	Unattached	54	53	58	62	<b>62</b>	75	-80	80	<b>80</b>	<b>142</b>	1 <sup>st</sup>	206.45
Jr	55	Margaret Janos	TU Dublin Weightlifting Club	52.6	46	50	-53	<b>50</b>	60	65	-70	<b>65</b>	<b>115</b>	2 <sup>nd</sup>	170.41
Y	59	Laura Novak	Capital Strength Weightlifting Club	58.4	38	40	42	<b>42</b>	51	53	55	<b>55</b>	<b>97</b>	1 <sup>st</sup>	133.62
Sr	59	Janine Mc Grath	Unattached	57	65	68	71	<b>71</b>	88	91	94	<b>94</b>	<b>165</b>	1 <sup>st</sup>	231.02
Sr	59	Orlaith Graham	D12 Weightlifting Club	59	51	53	55	<b>55</b>	65	-68	-68	<b>65</b>	<b>120</b>	2 <sup>nd</sup>	164.2
Sr	59	Natasha Adesanmi	TFA Weightlifting Club	57.9	40	44	46	<b>46</b>	50	55	60	<b>60</b>	<b>106</b>	3 <sup>rd</sup>	146.86
Sr	59	Sinead Browne	University of Galway WL Club	58.8	38	-41	41	<b>41</b>	48	-50	50	<b>50</b>	<b>91</b>	4 <sup>th</sup>	124.79
Sr	59	Emma Cuddy	Fianna Weightlifting Club	58.9	27	29	31	<b>31</b>	40	-43	43	<b>43</b>	<b>74</b>	5 <sup>th</sup>	101.37
Sr	59	Holly O' Reilly	TU Dublin Weightlifting Club	59	28	31	34	<b>34</b>	-35	35	-40	<b>35</b>	<b>69</b>	6 <sup>th</sup>	94.41





Sr	64	Lara Mc Manus	Capital Strength Weightlifting Club	63.2	66	-69	69	<b>69</b>	90	94	-99	<b>94</b>	<b>163</b>	1 <sup>st</sup>	213.56
Sr	64	Niamh Murray	Fianna Weightlifting Club	62.8	67	-70	-70	<b>67</b>	-86	86	89	<b>89</b>	<b>156</b>	2 <sup>nd</sup>	205.18
Sr	64	Shannon Drain	Unattached	62.3	65	68	70	<b>70</b>	78	-80	81	<b>81</b>	<b>151</b>	3 <sup>rd</sup>	199.58
M	64	Niamh Mannion	D12 Weightlifting Club	61.8	57	60	-62	<b>60</b>	68	70	-72	<b>70</b>	<b>130</b>	4 <sup>th</sup>	172.69
M	64	Bern Patton	Capital Strength Weightlifting Club	62.3	42	44	46	<b>46</b>	51	-53	53	<b>53</b>	<b>99</b>	5 <sup>th</sup>	130.85
Sr	64	Deanna Sweeney	Cork Weightlifting Club	63.2	66	69	-71	<b>69</b>	-95	-95	-95	--	--	--	0
Y	71	Alanna Cuddy	Unattached	69.7	50	53	-56	<b>53</b>	68	-72	72	<b>72</b>	<b>125</b>	1 <sup>st</sup>	154.82
Sr	71	Mairéad Baker	CFS Weightlifting Club	68.9	-73	73	77	<b>77</b>	86	91	93	<b>93</b>	<b>170</b>	1 <sup>st</sup>	211.88
M	71	Jasmin Eichhorn	Cork Weightlifting Club	67.5	50	-53	53	<b>53</b>	62	64	-66	<b>64</b>	<b>117</b>	2 <sup>nd</sup>	147.5
Sr	71	Sally Walker	Unattached	68.7	-48	-48	49	<b>49</b>	65	-68	68	<b>68</b>	<b>117</b>	3 <sup>rd</sup>	146.06
M	71	Cathy Mc Manus	Capital Strength Weightlifting Club	69.8	44	46	-48	<b>46</b>	62	-65	-65	<b>62</b>	<b>108</b>	4 <sup>th</sup>	133.66
Sr	71	Mary Grace Jarina	CFI Weightlifting Club	66.1	41	45	-47	<b>45</b>	56	60	63	<b>63</b>	<b>108</b>	5 <sup>th</sup>	137.79
Jr	71	Sorcha Broe-Brady	Capital Strength Weightlifting Club	68.3	-69	-69	-69	--	78	81	-85	<b>81</b>	--	--	0





Jr	76	Aoife O' Moore	Capital Strength Weightlifting Club	75.6	-70	70	-72	<b>70</b>	94	97	-100	<b>97</b>	<b>167</b>	1 <sup>st</sup>	198.39
Sr	76	Carla Nolan	365 Weightlifting Club	73.1	45	47	-49	<b>47</b>	69	71	-73	<b>71</b>	<b>118</b>	2 <sup>nd</sup>	142.54
Sr	76	Eileen Lautenbach	University of Galway WL Club	74.8	45	47	50	<b>50</b>	62	66	-69	<b>66</b>	<b>116</b>	3 <sup>rd</sup>	138.52
M	76	Jana Vahey	Unattached	72.4	47	-50	50	<b>50</b>	-66	66	-70	<b>66</b>	<b>116</b>	4 <sup>th</sup>	140.82
Sr	76	Courtney Casey	The Lab Weightlifting	75.1	30	33	36	<b>36</b>	50	54	58	<b>58</b>	<b>94</b>	5 <sup>th</sup>	112.03
Sr	76	Leah Flanagan	365 Weightlifting Club	76	31	33	35	<b>35</b>	43	45	47	<b>47</b>	<b>82</b>	6 <sup>th</sup>	97.17
Sr	81	Anna Hyland	TFA Weightlifting Club	79.3	38	40	42	<b>42</b>	50	53	-56	<b>53</b>	<b>95</b>	1 <sup>st</sup>	110.36
Sr	81	Dearbhla Ormonde	Fianna Weightlifting Club	77.4	64	67	70	<b>70</b>	-84	-84	-84	--	--	--	0
Sr	87	Cody Behan	Fianna Weightlifting Club	84.8	41	44	-46	<b>44</b>	57	-60	60	<b>60</b>	<b>104</b>	1 <sup>st</sup>	117.38
Sr	87	Rachel Hersee	D12 Weightlifting Club	86.3	31	33	36	<b>36</b>	51	54	56	<b>56</b>	<b>92</b>	2 <sup>nd</sup>	103.11
Sr	87+	Victoria Hayes	Fianna Weightlifting Club	111.8	47	50	53	<b>53</b>	57	60	-64	<b>60</b>	<b>113</b>	1 <sup>st</sup>	116.99
Sr	87+	Niamh Whelan	Unattached	96.1	-43	43	-46	<b>43</b>	-54	54	-58	<b>54</b>	<b>97</b>	2 <sup>nd</sup>	104.61

