



WEIGHTLIFTING IRELAND

National Masters Championships - 2023 | Results

Event Details:

Date: October 8th, 2023

Venue: TFA Weightlifting Club

Age Bracket	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
M65	96	Claude Benedict Kelly	Hercules Club	94.6	63	-66	-67	63	73	76	-80	76	139	1 st	163.281
M65	73	Colm Brown	Fianna Weightlifting Club	73	42	44	46	46	50	-53	-53	50	96	1 st	129.409
M60	89	Sean Flanagan	Unattached	82.7	40	-45	45	45	55	60	-65	60	105	1 st	131.773
M60	81	David Byrne	TFA Weightlifting Club	80.5	60	-63	64	64	80	83	85	85	149	1 st	189.747





M55	89	William Ralph	Unattached	86.6	57	60	62	62	77	80	82	82	144	1 st	176.442
M55	89	Declan O'Donnell	Hercules Club	84.4	48	51	-56	51	68	70	72	72	123	2 nd	152.714
M50	96	Gerard Falsey	LifeFit Weightlifting Club	95.5	70	73	76	76	102	-107	107	107	183	1 st	214.06
M50	109	Damien Byrne	Elevate Weightlifting Club	102.7	-70	70	-75	70	100	102	-105	102	172	1 st	195.132
M45	96	Jonathan O'Donovan	Howling Heart Weightlifting Club	90.3	67	-70	-70	67	95	100	102	102	169	1 st	202.856
M45	96	Paul Dunne	LifeFit Weightlifting Club	91.6	50	52	55	55	70	73	76	76	131	2 nd	156.181
M45	89	Mark O'Sullivan	Unattached	83.9	55	-58	58	58	-74	-74	74	74	132	1 st	164.398
M45	81	John Stack	Capital Strength Weightlifting Club	79.3	65	68	70	70	90	94	97	97	167	1 st	214.452
M45	81	Damian Howard	Unattached	75.6	54	57	-59	57	75	80	-83	80	137	2 nd	180.831
M45	102	Garrett Stack	Unattached	102	62	-65	65	65	84	88	91	91	156	1 st	177.465
M40	96	Ivan Buchanan	Howling Heart Weightlifting Club	94.8	70	73	-76	73	85	88	-92	88	161	1 st	188.945





M40	89	Gus Kelly	Unattached	88.5	70	73	76	76	88	91	-94	91	167	1 st	202.423
M40	89	Gerard Griffin	Fianna Weightlifting Club	88.9	65	68	70	70	88	92	-96	92	162	2 nd	195.929
M35	89	Ciaran Dempsey	Fianna Weightlifting Club	88.3	80	84	-88	84	115	119	123	123	207	1 st	251.187
M35	89	Carl Donnelly	Fianna Weightlifting Club	88.4	-85	89	-92	89	-113	113	115	115	204	2 nd	247.408
M35	81	Derek Ritchie	Unattached	79.7	93	96	99	99	115	120	-123	120	219	1 st	280.437
M35	81	Padraic Martin	Unattached	80.7	91	-95	96	96	116	120	-124	120	216	2 nd	274.694
M35	81	Hasan Sinanovic	Fianna Weightlifting Club	77.7	68	72	-76	72	88	92	96	96	168	3 rd	218.242
M35	102	Adam Vickery	Unattached	99.1	-82	82	-85	82	-90	93	96	96	178	1 st	204.909

