



WEIGHTLIFTING IRELAND

Cork Open | Results

Dates: October 21st & 22nd – 2023

Venue: Cork Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Y	55	Rory O'Moore	Capital Strength Weightlifting Club	54.8	-31	31	33	33	42	45	47	47	80	1 st	131.9026
Y	55	Rory Harte	Howling Heart Weightlifting Club	49.5	22	24	26	26	27	30	34	34	60	2 nd	107.579
Sr	61	Garry Hurley	TU Dublin Weightlifting Club	60.1	55	58	62	62	-80	80	-86	80	142	1 st	218.195
Y	61	Sam O'Donoghue	Cork Weightlifting Club	56.1	25	-27	-27	25	30	32	34	34	59	2 nd	95.5042
Sr	73	Daniel O'Sullivan	Elevate Weightlifting Club	72.8	78	-80	-80	78	100	103	-106	103	181	1 st	244.4
M	73	Mike Stanton	Cork Weightlifting Club	71.8	70	73	75	75	92	-97	-97	92	167	2 nd	227.4331
Jr	73	Nathan Ginnifer	Cork Weightlifting Club	71.5	64	-68	68	68	80	84	87	87	155	3 rd	211.6429
M	73	Derek Waugh	Cork Weightlifting Club	71.7	62	-65	65	65	80	-84	84	84	149	4 th	203.0957





Sr	81	Colm Rigney	Mullingar Weightlifting Club	80.5	92	96	99	99	-118	118	122	122	221	1 st	281.4366
Sr	81	Owen McDonnell	Capital Strength Weightlifting Club	80.2	90	-93	93	93	115	119	123	123	216	2 nd	275.6369
Y	81	Bobby Quinn	CFBD Weightlifting Club	80.1	-90	90	95	95	110	116	120	120	215	3 rd	274.5504
M	81	Frank Murphy	Cork Weightlifting Club	80.3	74	78	82	82	90	94	97	97	179	4 th	228.264
Sr	81	Rinnell Mendoza	Cork Weightlifting Club	73.9	75	80	-83	80	87	91	95	95	175	5 th	234.1488
Sr	81	Rafal Gradowski	Unattached	79.4	-60	60	65	65	77	82	87	87	152	6 th	195.0517
M	81	Keith McCarthy	Cork Weightlifting Club	79.6	60	-63	65	65	-85	85	-90	85	150	7 th	192.2149
Y	81	Thomas O'Regan	Howling Heart Weightlifting Club	78.1	30	33	36	36	32	35	37	37	73	8 th	94.5536
Y	81	Conor Scot Dennehy	Unattached	76	25	30	32	32	32	36	38	38	70	9 th	92.1088
Sr	81	Darren Tuohy	Warriors Weightlifting	79.2	-84	-86	-86	--	115	118	121	121	--	--	--
Sr	89	Tadhg Downey	Cork Weightlifting Club	87.8	97	102	107	107	130	135	-140	135	242	1 st	294.4839
Jr	89	Jack Kearney	Capital Strength Weightlifting Club	87	94	97	100	100	123	127	130	130	230	2 nd	281.1634
Sr	89	Ciarán Watts	Unattached	87.8	97	99	-101	99	121	123	125	125	224	3 rd	272.5801
Jr	89	Laszlo Koves	Cork Weightlifting Club	86.7	92	-97	98	98	117	122	-127	122	220	4 th	269.4069
Sr	89	Roland Korom	Cork Weightlifting Club	84.6	-90	90	95	95	110	115	120	120	215	5 th	266.6104
Sr	89	Evan O'Broin	Cork Weightlifting Club	81.1	90	95	-100	95	117	-122	-122	117	212	6 th	268.8778
Sr	89	Peter Crowley	Warriors Weightlifting	89	85	90	95	95	105	110	115	115	210	7 th	253.8422
Sr	89	Mark Eaton	Cork Weightlifting Club	83.9	82	87	92	92	95	102	110	110	202	8 th	251.5793
M	89	Chris Gallagher	Warriors Weightlifting	84.4	84	86	90	90	-110	111	-116	111	201	9 th	249.557
Sr	89	Darragh Buckley	UCC Olympic Weightlifting Club	88.3	82	-87	-90	82	105	110	115	115	197	10 th	239.052





M	89	Kevin Coleman	Cork Weightlifting Club	87.1	73	77	-81	77	105	108	-113	108	185	11 th	226.0229
M	89	Aengus Grant	Cork Weightlifting Club	86.8	70	75	80	80	90	95	100	100	180	12 ^h	220.2958
M	89	Barry Sheehan	Cork Weightlifting Club	84.8	58	-60	P	58	75	P	P	75	133	13 th	164.7245
Sr	96	Shane Roche	Cork Weightlifting Club	93.5	135	140	145	145	166	171	-176	171	316	1 st	373.1739
Sr	96	Osikhena Lawani	Capital Strength Weightlifting Club	94.4	110	115	120	120	135	140	143	143	263	2 nd	309.237
Sr	96	Cian Corrigan	Unattached	96	116	120	125	125	-132	132	137	137	262	3 rd	305.7623
Sr	96	Tomás Broe-Brady	Capital Strength Weightlifting Club	92.7	100	104	-107	104	126	131	-135	131	235	4 th	278.6169
M	96	Eoin O'Flaherty	Capital Strength Weightlifting Club	91.1	95	-98	100	100	123	-127	-127	123	223	5 th	266.5519
Sr	96	Henry Jennings	Cork Weightlifting Club	95.8	-80	85	90	90	105	110	-115	110	200	6 th	233.6211
M	96	Ivan Buchanan	Howling Heart Weightlifting Club	95	72	74	-77	74	-88	88	92	92	166	7 th	194.6294
Sr	96	Joe Buckley	Cork Weightlifting Club	94.6	65	70	75	75	-82	82	-86	82	157	8 th	184.4257
M	96	John Curley	Cork Weightlifting Club	95.2	55	59	-63	59	70	76	-81	76	135	9 th	158.1344
Sr	102	David Marquis	Capital Strength Weightlifting Club	98.5	116	121	-125	121	140	145	P	145	266	1 st	306.9994
Jr	102	Yan Leydon	University of Galway Weightlifting Club	100.2	112	115	-117	115	-141	141	146	146	261	2 nd	299.0773





Sr	109	Eoin Campbell	Cork Weightlifting Club	107.3	77	-82	82	82	102	-107	110	110	192	1 st	214.1849
M	109	Damien Byrne	Elevate Weightlifting Club	104.4	65	69	71	71	95	100	103	103	174	2 nd	196.1319
Sr	109	Ian Byrne	Cork Weightlifting Club	105.5	65	71	-77	71	80	-90	P	80	151	3 rd	169.5219
M	109	David O'Meara	Cork Weightlifting Club	104.8	62	66	-70	66	73	77	-81	77	143	4 th	160.9508
Jr	109+	Cameron Hayes	Cork Weightlifting Club	122.3	-101	106	111	111	120	125	130	130	241	1 st	257.5034
Sr	109+	Taran Crooks	The Lab Weightlifting	114	102	106	110	110	100	111	-125	111	221	2 nd	241.3422

