



WEIGHTLIFTING IRELAND

National Masters Championships - 2023 | Results

Event Details:

Date: October 8th, 2023

Venue: TFA Weightlifting Club

Age Bracket	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
W60	59	Phil Brown	Fianna Weightlifting Club	57.4	32	34	-36	34	38	40	42	42	76	1 st	105.908
W60	64	Gabrielle Byrne	Fianna Weightlifting Club	63	38	40	-42	40	46	48	50	50	90	1 st	118.144
W50	55	Marina Zaidman	Unattached	54.7	35	38	-40	38	45	48	50	50	88	1 st	126.776
W50	76	Sonya Hyland	TFA Weightlifting Club	74.5	42	43	44	44	64	-66	66	66	110	1 st	131.621
W45	64	Orla O'Brien	Cork Weightlifting Club	63.7	38	40	-43	40	49	-52	52	52	92	1 st	119.964





W45	76	Jennifer Horgan	Unattached	74.9	38	40	42	42	58	60	62	62	104	1 st	124.113
W45	81	Shauna B Keane	Unattached	79.2	32	34	-36	34	40	-	-	40	74	1 st	86.012
W40	64	Nigera Zylyftari	Unattached	62	52	54	56	56	68	71	74	74	130	1 st	172.341
W40	76	Caroline Murphy	The Lab Weightlifting	73	-45	-47	47	47	65	70	-73	70	117	1 st	141.434
W40	81	Lisa Doyle	TFA Weightlifting Club	79.9	42	44	46	46	63	65	-67	65	111	1 st	128.507
W35	59	Karla Kelly	Fianna Weightlifting Club	57	48	50	52	52	65	68	70	70	122	1 st	170.816
W35	64	Liane Vaughan	Unattached	63.5	54	-57	-57	54	70	72	74	74	128	1 st	167.223
W35	71	Cathy McManus	Capital Strength Weightlifting Club	70.2	45	-47	47	47	61	-65	65	65	112	1 st	138.185
W35	71	Lisa Donnegan	Fianna Weightlifting Club	70.2	35	37	39	39	46	48	52	52	91	2 nd	112.276
W35	71	Vilma O'Malley	Shannon Barbell Weightlifting Club	66.3	45	48	51	51	55	60	65	65	116	G	147.738





W35	76	Yvonne Gleeson	Unattached	72.4	33	35	37	37	45	48	51	51	88	1 st	106.828
W35	87kg+	Joanne Meaney	Unattached	88.8	33	35	37	37	42	44	47	47	84	1 st	93.114

