



WEIGHTLIFTING IRELAND

National Age-Grade Championships | Results

Date: September 23rd - 2023
Venue: SETU Sports Hall

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
U13	49	Darcey Newell	Asylum Weightlifting Club	45.3	29	31	33	33	40	42	45	45	78	1 st	129.9508
U13	55	Laura Novak	Capital Strength Weightlifting Club	54.2	32	34	36	36	42	44	46	46	82	1 st	118.9042
U23	59	Maria Hayes	Elevate Weightlifting Club	58.7	60	62	-64	62	-73	73	76	76	138	1 st	189.4598
U23	64	Sinead Browne	University of Galway WL Club	59.4	40	42	44	44	53	-56	-56	53	97	1 st	132.1423
U23	64	Medisa Khajavi	TU Dublin Weightlifting Club	60.3	29	-32	32	32	36	40	43	43	75	2 nd	101.1856
U23	64	Holly O' Reilly	TU Dublin Weightlifting Club	61.4	27	30	-33	30	32	35	39	39	69	3 rd	92.0305





Jr	71	Molly O'Connor	Capital Strength Weightlifting Club	64.6	63	65	67	67	77	80	-83	80	147	1 st	190.0805
U23	71	Robyn Gaffey	University of Galway WL Club	64.9	34	36	-37	36	43	45	-47	45	81	1 st	104.4518
Y	76	Lauren Finn	Capital Strength Weightlifting Club	75.9	58	-60	60	60	65	68	70	70	130	1 st	154.1421
Y	76	Alanna Cuddy	Unattached	72	50	52	55	55	68	72	-74	72	127	2 nd	154.6145
Y	81	Katelyn O' Donovan	Howling Heart Weightlifting Club	80.5	40	43	-46	43	52	55	58	58	101	1 st	116.5417
Jr	81	Aoife O' Moore	Capital Strength Weightlifting Club	78.6	63	65	67	67	92	95	-98	95	162	1 st	188.9506
U23	81	Dearbhla Ormonde	Fianna Weightlifting Club	78.6	61	63	66	66	82	86	89	89	155	1 st	180.7861
U23	87+	Niamh Whelan	Unattached	99.5	40	43	-46	43	55	57	-60	57	100	1 st	106.6881

