



# WEIGHTLIFTING IRELAND

## National Club Championships | Results

Date: September 23<sup>rd</sup> - 2023  
Venue: SETU Sports Hall

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Gladys Kate Pascual	Fianna Weightlifting Club	48.4	52	55	57	<b>57</b>	68	-71	71	<b>71</b>	<b>128</b>	1 <sup>st</sup>	202.0831
U13	49	Darcey Newell	Asylum Weightlifting Club	45.3	29	31	33	<b>33</b>	40	42	45	<b>45</b>	<b>78</b>	2 <sup>nd</sup>	129.9508
Jr	55	Margaret Janos	TU Dublin Weightlifting Club	52.7	43	46	-49	<b>46</b>	55	58	61	<b>61</b>	<b>107</b>	1 <sup>st</sup>	158.333
U13	55	Laura Novak	Capital Strength Weightlifting Club	54.2	32	34	36	<b>36</b>	42	44	46	<b>46</b>	<b>82</b>	2 <sup>nd</sup>	118.9042
Sr	59	Maria Hayes	Elevate Weightlifting Club	58.7	60	62	-64	<b>62</b>	-73	73	76	<b>76</b>	<b>138</b>	1 <sup>st</sup>	189.4598





Sr	64	Hannah Crymble	Fianna Weightlifting Club	60.2	-77	77	81	<b>81</b>	98	101	104	<b>104</b>	<b>185</b>	1 <sup>st</sup>	249.8567
Sr	64	Niamh Murray	Fianna Weightlifting Club	63.1	64	67	70	<b>70</b>	-85	-85	85	<b>85</b>	<b>155</b>	2 <sup>nd</sup>	203.2741
Sr	64	Isla Hoe	Capital Strength Weightlifting Club	60.6	63	65	67	<b>67</b>	77	79	-81	<b>79</b>	<b>146</b>	3 <sup>rd</sup>	196.3519
Sr	64	Sinead Browne	University of Galway WL Club	59.4	40	42	44	<b>44</b>	53	-56	-56	<b>53</b>	<b>97</b>	4 <sup>th</sup>	132.1423
Sr	64	Medisa Khajavi	TU Dublin Weightlifting Club	60.3	29	-32	32	<b>32</b>	36	40	43	<b>43</b>	<b>75</b>	5 <sup>th</sup>	101.1856
Sr	64	Holly O' Reilly	TU Dublin Weightlifting Club	61.4	27	30	-33	<b>30</b>	32	35	39	<b>39</b>	<b>69</b>	6 <sup>th</sup>	92.0305
Sr	71	Beáta Jung	Fianna Weightlifting Club	65.8	87	90	93	<b>93</b>	99	104	-107	<b>104</b>	<b>197</b>	1 <sup>st</sup>	251.9988
Jr	71	Molly O'Connor	Capital Strength Weightlifting Club	64.6	63	65	67	<b>67</b>	77	80	-83	<b>80</b>	<b>147</b>	2 <sup>nd</sup>	190.0805
Sr	71	Robyn Gaffey	University of Galway WL Club	64.9	34	36	-37	<b>36</b>	43	45	-47	<b>45</b>	<b>81</b>	3 <sup>rd</sup>	104.4518
Y	76	Lauren Finn	Capital Strength Weightlifting Club	75.9	58	-60	60	<b>60</b>	65	68	70	<b>70</b>	<b>130</b>	1 <sup>st</sup>	154.1421
M	76	Caroline Murphy	The Lab Weightlifting	73.3	45	-50	50	<b>50</b>	-64	65	-70	<b>65</b>	<b>115</b>	2 <sup>nd</sup>	138.7271
Jr	81	Aoife O' Moore	Capital Strength Weightlifting Club	78.6	63	65	67	<b>67</b>	92	95	-98	<b>95</b>	<b>162</b>	1 <sup>st</sup>	188.9506
Sr	81	Dearbhla Ormonde	Fianna Weightlifting Club	78.6	61	63	66	<b>66</b>	82	86	89	<b>89</b>	<b>155</b>	2 <sup>nd</sup>	180.7861
Y	81	Katelyn O' Donovan	Howling Heart Weightlifting Club	80.5	40	43	-46	<b>43</b>	52	55	58	<b>58</b>	<b>101</b>	3 <sup>rd</sup>	116.5417

