



# WEIGHTLIFTING IRELAND

## National Senior Championships | Results

Dates: July 29<sup>th</sup> – 2023  
Venue: SETU Sports Campus

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Gladys Pascual	Fianna Weightlifting Club	48.5	52	-55	55	55	67	70	-72	70	125	1 <sup>st</sup>	197.0255
Sr	55	Rebecca Copeland	Capital Strength Weightlifting Club	50.1	63	66	-69	66	78	81	83	83	149	1 <sup>st</sup>	229.0009
Sr	55	Kira Murphy	Warriors Weightlifting	53.8	60	63	-65	63	75	78	80	80	143	2 <sup>nd</sup>	208.4589
M	55	Eithne Harte	Howling Heart Weightlifting Club	54.8	58	61	-63	61	78	-81	-83	78	139	3 <sup>rd</sup>	199.9899
M	55	Karla Kelly	Fianna Weightlifting Club	54.6	48	51	-53	51	63	66	68	68	119	4 <sup>th</sup>	171.6572
Sr	55	Aisling Lee	Unattached	53.8	45	48	-51	48	60	62	64	64	112	5 <sup>th</sup>	163.2685
Sr	59	Hannah Crymble	Fianna Weightlifting Club	58.7	82	85	-87	85	102	-105	105	105	190	1 <sup>st</sup>	260.8505
M	59	Michelle Curtin	Mullingar Weightlifting Club	58.5	55	59	-63	59	68	-72	-74	68	127	2 <sup>nd</sup>	174.7508





Sr	64	Ailbhe Mulvihill	Cork Weightlifting Club	60.5	73	77	-81	<b>77</b>	87	90	-93	<b>90</b>	<b>167</b>	1 <sup>st</sup>	224.8307
Sr	64	Niamh Murray	Fianna Weightlifting Club	61.5	62	65	-68	<b>65</b>	82	85	87	<b>87</b>	<b>152</b>	2 <sup>nd</sup>	202.527
Sr	64	Megan Coyle	Fianna Weightlifting Club	62.8	-57	57	60	<b>60</b>	81	84	86	<b>86</b>	<b>146</b>	3 <sup>rd</sup>	192.029
Sr	64	Isla Hoe	Capital Strength Weightlifting Club	61.8	63	66	-68	<b>66</b>	76	79	-81	<b>79</b>	<b>145</b>	4 <sup>th</sup>	192.6137
Jr	64	Molly O'Connor	Capital Strength Weightlifting Club	63.3	62	64	-67	<b>64</b>	75	78	80	<b>80</b>	<b>144</b>	5 <sup>th</sup>	188.4854
Sr	64	Deanna Sweeney	Cork Weightlifting Club	62	58	-62	-62	<b>58</b>	82	86	-89	<b>86</b>	<b>144</b>	6 <sup>th</sup>	190.9013
Sr	64	Kaitlin Saunders	Unattached	63.1	-68	-68	-68	--	83	86	89	<b>89</b>	--	--	0
Sr	64	Martha Dwyer	CFS Weightlifting Club	64.5	63	67	-71	<b>67</b>	80	-83	83	<b>83</b>	<b>150</b>	G	194.1381
Sr	71	Gillian Barry	Capital Strength Weightlifting Club	68.1	66	69	71	<b>71</b>	88	91	-93	<b>91</b>	<b>162</b>	1 <sup>st</sup>	203.2195
Sr	71	Nadine Hayes	Howling Heart Weightlifting Club	70.1	63	66	-69	<b>66</b>	-82	83	-86	<b>83</b>	<b>149</b>	2 <sup>nd</sup>	183.9766
Jr	71	Sorcha Broe-Brady	Capital Strength Weightlifting Club	70.1	62	65	68	<b>68</b>	75	78	80	<b>80</b>	<b>148</b>	3 <sup>rd</sup>	182.7419
Sr	76	Joyce Reilly	Fianna Weightlifting Club	72.7	67	70	72	<b>72</b>	-82	-82	83	<b>83</b>	<b>155</b>	1 <sup>st</sup>	187.7642
Y	76	Lauren Finn	Capital Strength Weightlifting Club	75.1	60	63	66	<b>66</b>	80	83	-86	<b>83</b>	<b>149</b>	2 <sup>nd</sup>	177.5831
Sr	76	Jo O'Sullivan	Unattached	75.5	59	61	63	<b>63</b>	76	80	-85	<b>80</b>	<b>143</b>	3 <sup>rd</sup>	169.9908
Sr	76	Dearbhla Ormonde	Fianna Weightlifting Club	76.4	-60	60	63	<b>63</b>	80	83	85	<b>85</b>	<b>148</b>	G	174.9323

