



WEIGHTLIFTING IRELAND

Age-Grade Open – 2023

Female Results

Date: April 30th – 2023

Venue: Mullingar Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
U13	40	Heidi Molloy	Mullingar Weightlifting Club	37.4	-15	15	17	17	20	23	25	25	42	1 st	82.8538
U13	40	Deila Razanskaite	Mullingar Weightlifting Club	29.9	12	14	15	15	15	17	20	20	35	2 nd	87.0971
U13	45	Leah O' Donoghue	Mullingar Weightlifting Club	43.7	27	-29	29	29	33	35	37	37	66	1 st	113.0246
U13	49	Darcey Newell	Asylum Weightlifting Club	46	26	28	31	31	37	39	41	41	72	1 st	118.1106
U13	49	Lily Pedlow	Asylum Weightlifting Club	46.3	26	28	-30	28	32	35	38	38	66	2 nd	107.6934
U13	49	Bonnie Gilsean	Mullingar Weightlifting Club	49	18	20	21	21	24	27	29	29	50	3 rd	77.9822
U13	49	Melody Ryan	Mullingar Weightlifting Club	48.5	19	21	-23	21	-26	26	28	28	49	4 th	77.0374
U13	49	Tessa Howlin	Howling Heart Weightlifting Club	48.5	12	14	-16	14	15	17	19	19	33	5 th	51.8823
U13	55	Isabella Bradley	Mullingar Weightlifting Club	52.1	18	20	22	22	27	28	29	29	51	1 st	75.933
U15	55	Sally Kelleher	Cork Weightlifting Club	49.7	23	25	28	28	29	32	35	35	63	1 st	97.1862





Y	59	Sinead Bowers	Mullingar Weightlifting Club	58.4	31	33	35	35	46	49	-52	49	84	1 st	115.4985
U23	59	Holly O' Reilly	TU Dublin Weightlifting Club	58.9	27	29	31	31	-29	29	34	34	65	1 st	88.8758
U15	64	Anna Mc Larnon	Asylum Weightlifting Club	63	38	40	-42	40	45	48	-50	48	88	1 st	115.3324
U13	71	Grace Carthy	Mullingar Weightlifting Club	65.6	20	23	25	25	28	31	32	32	57	1 st	72.9338
U13	71	Alexandra Henning	Asylum Weightlifting Club	66.5	22	25	-27	25	26	29	31	31	56	2 nd	71.0954
Y	71	Alanna Cuddy	Unattached	70.1	40	46	-50	46	67	-70	-70	67	113	1 st	139.3454
Y	71	Sephora Kumpaya	Cork Weightlifting Club	66.5	30	-32	32	32	37	-40	40	40	72	2 nd	91.4084
Jr	71	Molly O' Connor	Capital Strength Weightlifting Club	69.5	64	67	-69	67	76	79	81	81	148	1 st	183.35
U23	76	Rachel Ring	TU Dublin Weightlifting Club	74.4	27	30	-33	30	35	39	43	43	73	1st	87.3077
U23	76	Alex Cleary	TU Dublin Weightlifting Club	74	24	26	-28	26	29	31	33	33	59	2nd	70.7524
U23	81	Sarah Thompson	TU Dublin Weightlifting Club	77.2	12	14	16	16	15	17	-19	17	33	1st	38.7727
Y	81+	Sophie Mulvany	Mullingar Weightlifting Club	93.9	23	25	27	27	-33	35	-37	35	62	1st	67.3338

