



# WEIGHTLIFTING IRELAND

## IWF Youth World Championships | Qualifying Procedures

### Event Details:

IWF Youth World Championships - 2023

Date: March 25<sup>th</sup> – April 1<sup>st</sup>, 2023

Venue: Durres, Albania

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection for these championships.

### ***For an athlete to be considered for selection for this competition they must:***

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.
  - a. In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.
2. Be a current member of Weightlifting Ireland and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland/Sport Ireland anti-doping procedures and attend annual anti-doping education.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For more information please contact: [ [ADAMS@weightliftingireland.com](mailto:ADAMS@weightliftingireland.com) ]
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland event (squad session and/or competition) – **within 6 to 8 months prior** to the date of competition.
6. A completed formal **“Application of Interest”** must have been received via our online form for athletes to be considered for selection.





7. Athletes, Parents and Coaches must sign the Weightlifting Ireland “Code of Conduct” agreement. To receive documentation & for more information, contact: [ [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) ]
8. To be deemed eligible, athletes must have competed nationally in 2021/2022 **AND** have competed at one or more Silver **OR** Gold tier international-level competition (including, but not limited to the European Youth & U15 Championships (Gold), Malta International Open (Silver) etc).
9. Athletes are also required to have competed at the National Age-Grade Championships, 2022.
10. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.
11. Age eligibility for athletes for 2023:
  - a. **Youth / (13-17)**  
Athletes born between 1st January 2006 (17) and 31st December 2010 (13) are eligible to participate at these championships.

The minimum standards for men and women to be considered for the IWF Youth World Championships in 2023 are as follows:

Men		Women	
<u>Weight Class</u>	<u>Total</u>	<u>Weight Class</u>	<u>Total</u>
-49kg	138kg	-40kg	80kg
-55kg	151kg	-45kg	90kg
-61kg	163kg	-49kg	96kg
-67kg	173kg	-55kg	104kg
-73kg	182kg	-59kg	109kg
-81kg	193kg	-64kg	115kg
-89kg	202kg	-71kg	123kg
-96kg	208kg	-76kg	127kg
-102kg	213kg	-81kg	131kg
+102kg	219kg	+81kg	136kg

*\*All totals have been increased by 3% from our European Youth & U15 QF totals.*

