



WEIGHTLIFTING IRELAND

European Youth & U15 Championships | Qualifying Procedures

Event Details:

European Youth & U15 Championships - 2023

Date: July 1st – 10th, 2023

Venue: Chişinău – Moldova

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection for these championships.

For an athlete to be considered for selection for this competition they must:

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.
 - a. In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.
2. Be a current member of Weightlifting Ireland and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland/Sport Ireland anti-doping procedures and attend annual anti-doping education.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For more information please contact: [ADAMS@weightliftingireland.com]
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland event (squad session and/or competition) **within 6 to 8 months prior** to the competition date.
6. A completed formal **“Application of Interest”** must have been received via our online form for athletes to be considered for selection.





7. Athletes, Parents, Coaches and Team Members must sign Weightlifting Ireland “Code of Conduct” agreement. To receive documentation & more information, contact: [secretary@weightliftingireland.com]
8. To be deemed eligible, athletes must have competed nationally in 2021/2022 and have competed at one or more second tier international-level competition (including, but not limited to the Celtic Nations, Small Nations, Women's International Grand Prix, EUWC, Welsh Summer Open, etc).
9. Athletes are also required to have competed at the National Age-Grade Championships, 2022 and/or the National Senior Championships, 2022.
10. Athletes if selected must be willing to assist at Weightlifting Ireland competitions and events. For further information contact: [secretary@weightliftingireland.com]
11. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.
12. Age eligibility for athletes for 2023:
 - a. **Youth / (13-17)**
Athletes born between 1st January 2006 (17) and 31st December 2010 (13) are eligible to participate.
 - b. **U15 / (13-15)**
Athletes born between 1st January 2008 (15) and 31st December 2010 (13) are eligible to participate.

The minimum standards for men and women to be considered for the European Youth & U15 Championships in 2023 are as follows:

Boys		Girls	
<u>Weight Class</u>	<u>Total</u>	<u>Weight Class</u>	<u>Total</u>
-49kg	134kg	-40kg	78kg
-55kg	147kg	-45kg	87kg
-61kg	158kg	-49kg	93kg
-67kg	168kg	-55kg	101kg
-73kg	177kg	-59kg	106kg
-81kg	187kg	-64kg	112kg
-89kg	196kg	-71kg	119kg
-96kg	202kg	-76kg	123kg
-102kg	207kg	-81kg	127kg
+102kg	213kg	+81kg	132kg

* Totals revised and adjusted from 2022 totals.

