



# WEIGHTLIFTING IRELAND

## IWF World Senior Championships | Qualifying Procedures

### Event Details:

IWF World Senior Championships - 2023

Date: September 2<sup>nd</sup> – 17<sup>th</sup>, 2023

Venue: Riyadh, Saudi Arabia

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection at these championships:

### ***For an athlete to be considered for selection for this competition they must:***

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.
  - a. In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of it's continental federations, within a twelve-month period.
2. Be a current member of Weightlifting Ireland and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland/Sport Ireland anti-doping procedures and attend annual anti-doping education.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For further information please email: [ [ADAMS@weightliftingireland.com](mailto:ADAMS@weightliftingireland.com) ]
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland event (squad session and/or competition) **within 6 to 8 months prior** to the competition date.
6. A completed formal **“Application of Interest”** must have been received via our online form for athletes to be considered for selection.





7. Athletes, Coaches, and team members must sign Weightlifting Ireland “International Code of Conduct” agreement. To receive documentation & more information, contact: [ [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) ]
8. To be deemed eligible, athletes must have competed at the 2023 National Senior Championships **AND** have competed at one or more Silver **OR** Gold tier international-level competition (including, but not limited to the World Senior Championships (Gold), European Senior Championships (Gold), Malta International Open (Silver) etc).
9. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.
10. Athletes if selected must be willing to assist at Weightlifting Ireland competitions and events. For further information contact: [ [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) ]

The minimum standards for men and women to be considered for the IWF World Senior Championships in 2023 are as follows:

Men		Women	
<u>Weight Class</u>	<u>Total</u>	<u>Weight Class</u>	<u>Total</u>
-55kg	225kg	-45kg	134kg
-61kg	242kg	-49kg	144kg
-67kg	259kg	-55kg	158kg
-73kg	271kg	-59kg	165kg
-81kg	287kg	-64kg	173kg
-89kg	300kg	-71kg	184kg
-96kg	310kg	-76kg	191kg
-102kg	317kg	-81kg	196kg
-109kg	323kg	-87kg	203kg
+109kg	343kg	+87kg	210kg

\*\* ALL Totals are 3% higher than our European Senior qualification totals.

