



WEIGHTLIFTING IRELAND

IWF Junior World Championships | Qualifying Procedures

Event Details:

IWF World Junior Championships - 2023

Date: November / TBC

Venue: Guadalajara, Mexico

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection to compete at these championships.

For an athlete to be considered for selection for this competition they must:

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.
 - a. In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.
2. Be a current member of Weightlifting Ireland and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland/Sport Ireland anti-doping procedures and attend annual anti-doping education.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For further information please email: [ADAMS@weightliftingireland.com]
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland event (squad session and/or competition) **within 6 to 8 months prior** to the competition date.
6. A completed formal **“Application of Interest”** must have been received via our online form for athletes to be considered for selection.
7. Athletes, Coaches, and team members must sign Weightlifting Ireland “International Code of Conduct” agreement. To receive documentation & more information, contact: [secretary@weightliftingireland.com]
8. To be deemed eligible, athletes must have competed at the National Age-Grade Championships and/or the National Senior Championships, 2022 **AND** have





competed at one or more Silver **OR** Gold tier international-level competition (including, but not limited to the European Junior & U23 Championships (Gold), Malta International Open (Silver) etc).

9. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.
10. Athletes if selected must be willing to assist at Weightlifting Ireland competitions and events. For further information contact: [secretary@weightliftingireland.com]
11. Age eligibility for athletes for 2023:
 - a. **Junior / (15-20)**
Athletes born between 1st January 2003 (20) and 31st December 2008 (15) are eligible to participate in the Junior Championships.

The minimum standards for men and women to be considered for the IWF Junior World Championships in 2023 are as follows:

Men	
	Junior
<u>Weight Class</u>	<u>Total</u>
-55kg	201kg
-61kg	215kg
-67kg	229kg
-73kg	242kg
-81kg	255kg
-89kg	267kg
-96kg	275kg
-102kg	281kg
-109kg	287kg
+109kg	303kg

Women	
	Junior
<u>Weight Class</u>	<u>Total</u>
-45kg	119kg
-49kg	128kg
-55kg	140kg
-59kg	147kg
-64kg	155kg
-71kg	164kg
-76kg	169kg
-81kg	174kg
-87kg	179kg
+87kg	186kg

** ALL Totals have been increased by 3% from our European Junior & U23 QF totals.

