



# WEIGHTLIFTING IRELAND

## 2023 Events Calendar

### **International Competitions:**

Athletes wishing to be considered for international selection will require the minimum qualification standards. Please see all documentation on our Performance & Development page on our website : [HERE](#)

A formal “Application of Interest” must be *submitted no later than 14* weeks before an international competition to ensure that WI are made aware of your intention to qualify so that we can help guide you through the process of becoming eligible for international competition. Athletes wishing to be considered for international selection will need to meet the minimum qualification criteria outlined on our website & be a member of Weightlifting Ireland at the time of their application.

*Weightlifting Ireland’s board reserves the right to make amendments to the minimum standards and selection process if it is deemed to be in the best interest of the sport. The final decision on selection for all international squads and team members is by the board.*

For further information please contact: [ [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) ]

International, National & Provincial - ranking/record setting competitions with a minimum of two (2) national referees present.

*(BH) = Bank Holiday*

***This calendar is an overview to allow clubs, athletes & coaches to plan the year. Events and dates are subject to change so please keep checking our “Upcoming Events” Calendar on the website for the most accurate dates : [HERE](#)***





<b>Dates: (Q1)</b>	<b>International:</b>	<b>National:</b>	<b>Provincial:</b>	<b>Education:</b>
<b>January:</b>				
31 <sup>st</sup> & 1 <sup>st</sup> (BH)				
7 <sup>th</sup> & 8 <sup>th</sup>				
14 <sup>th</sup> & 15 <sup>th</sup>				Anti-Doping Seminar (Online - Zoom)
21 <sup>st</sup> & 22 <sup>nd</sup>	Copenhagen Cup (Denmark)			Safeguarding & First Aid (Online - Zoom)
28 <sup>th</sup> & 29 <sup>th</sup>				Snatch Workshops (Cork & Belfast)
<b>February:</b>				
4 <sup>th</sup> & 5 <sup>th</sup> (BH)				CPD Coaches / Club CPOs (Online - Zoom)
11 <sup>th</sup> & 12 <sup>th</sup>			Munster Open (Warriors WL Club)	Officials & Referee Training
18 <sup>th</sup> & 19 <sup>th</sup>				Level 1 Coaching Course (Venue: SETU) – Wknd 1
25 <sup>th</sup> & 26 <sup>th</sup>			Masters Open (D12 WL Club)	Officials & Referee Training
<b>March:</b>				
4 <sup>th</sup> & 5 <sup>th</sup>	Masters World Cup (New Zealand)			Conversion Course (Para) (Venues: TBC)
11 <sup>th</sup> & 12 <sup>th</sup>	EWF Coach Licence (Sweden)	InterVarsity Champs (Venue: TBC)		Officials & Referee Training
18 <sup>th</sup> & 19 <sup>th</sup> (BH)				Clean & Jerk Workshops (Venues: TBC)
25 <sup>th</sup> & 26 <sup>th</sup>	(IWF) Youth Worlds (Albania)	Annual General Meeting (Venue: Online - Zoom)		





<b>Dates: (Q2)</b>	<b>International:</b>	<b>National:</b>	<b>Provincial:</b>	<b>Education:</b>
<b>April:</b>				
1 <sup>st</sup> & 2 <sup>nd</sup>	(IWF) Youth Worlds (Albania)			Level 1 Coaching Course (Venue: SETU) – Wknd 2
8 <sup>th</sup> & 9 <sup>th</sup> (BH)			Connacht Open (Venue: TBC)	Officials & Referee Training
15 <sup>th</sup> & 16 <sup>th</sup>	European Seniors (Armenia)			Snatch Workshops (Venues: TBC)
22 <sup>nd</sup> & 23 <sup>rd</sup>	European Seniors (Armenia)			Safeguarding & First Aid (Online - Zoom)
29 <sup>th</sup> & 30 <sup>th</sup> (BH)			Age-Grade Open (Venue: TBC)	Officials & Referee Training
<b>May:</b>				
6 <sup>th</sup> & 7 <sup>th</sup>				Level 1 Coaching Course (Venue: SETU) – Wknd 1
13 <sup>th</sup> & 14 <sup>th</sup>	European Masters (Ireland)			Officials & Referee Training
20 <sup>th</sup> & 21 <sup>st</sup>	European Masters (Ireland)	National Awards - 2022 (Venue & Date : TBC)		Officials & Referee Training
27 <sup>th</sup> & 28 <sup>th</sup>	18 <sup>th</sup> Women's GP (Venue & Date : TBC)			
<b>June:</b>				
3 <sup>rd</sup> & 4 <sup>th</sup> (BH)	57 <sup>th</sup> Alpe Adria Intl (Hungary)			Clean & Jerk Workshops (Venues: TBC)
10 <sup>th</sup> & 11 <sup>th</sup>	(IWF) Grand Prix (Cuba)		Leinster Open (Venue & Date : TBC)	Officials & Referee Training
17 <sup>th</sup> & 18 <sup>th</sup>	Welsh Summer Open (Wales) / Date: TBC			
24 <sup>th</sup> & 25 <sup>th</sup>				Level 1 Coaching Course (Venue: SETU) – Wknd 2





<b>Dates: (Q3)</b>	<b>International:</b>	<b>National:</b>	<b>Provincial:</b>	<b>Education:</b>
<b>July:</b>				
1 <sup>st</sup> & 2 <sup>nd</sup>	EUWC (EU Cup) (Venue & Date : TBC)	National Masters (Venue & Date : TBC)		Officials & Referee Training
8 <sup>th</sup> & 9 <sup>th</sup>	(EWF) Youth & U15 (Moldova)	National Age-Grade (Venue & Date : TBC)		Officials & Referee Training
15 <sup>th</sup> & 16 <sup>th</sup>	(EWF) Youth & U15 (Moldova)			Safeguarding & First Aid (Online - Zoom)
22 <sup>nd</sup> & 23 <sup>rd</sup>				Snatch Workshops (Venues: TBC)
29 <sup>th</sup> & 30 <sup>th</sup>		National Seniors (Venue & Date : TBC)		Officials & Referee Training
<b>August:</b>				
5 <sup>th</sup> & 6 <sup>th</sup> (BH)	EWF Training Camp (Venue & Date : TBC)			Level 1 Coaching Course (Venue: SETU) – Wknd 1
12 <sup>th</sup> & 13 <sup>th</sup>		National Youth Camp (Venue & Date : TBC)		
19 <sup>th</sup> & 20 <sup>th</sup>	(IWF) World Masters (Poland)			Officials & Referee Training
26 <sup>th</sup> & 27 <sup>th</sup>	Irish Open (Venue & Date : TBC)			Officials & Referee Training
<b>Sept:</b>				
2 <sup>nd</sup> & 3 <sup>rd</sup>	Gunther Stapfer (Austria) : Youth/Jr/U23			Clean & Jerk Workshops (Venues: TBC)
9 <sup>th</sup> & 10 <sup>th</sup>	(IWF) Senior Worlds (Saudi Arabia)			
16 <sup>th</sup> & 17 <sup>th</sup>		National Club Champs (Venue & Date : TBC)		Officials & Referee Training
23 <sup>rd</sup> & 24 <sup>th</sup>				Level 1 Coaching Course (Venue: SETU) – Wknd 2
30 <sup>th</sup> & 1 <sup>st</sup> (BH)				





<b>Dates: (Q4)</b>	<b>International:</b>	<b>National:</b>	<b>Provincial:</b>	<b>Education:</b>
<b>Oct:</b>				
7 <sup>th</sup> & 8 <sup>th</sup>			Cork Open (Cork Weightlifting Club)	Officials & Referee Training
14 <sup>th</sup> & 15 <sup>th</sup>	(EWF) European Jnr (Venue & Date : TBC)			Safeguarding & First Aid (Online - Zoom)
21 <sup>st</sup> & 22 <sup>nd</sup>	(EWF) European U23 (Venue & Date : TBC)			Snatch Workshops (Venues: TBC)
28 <sup>th</sup> & 29 <sup>th</sup> (BH)				
<b>Nov:</b>				
4 <sup>th</sup> & 5 <sup>th</sup>	(IWF) Junior Worlds (Mexico) / Date: TBC		Ulster Open (Boundary CrossFit)	Officials & Referee Training
11 <sup>th</sup> & 12 <sup>th</sup>	3 <sup>rd</sup> Naim Intl (Turkey) / Date: TBC			
18 <sup>th</sup> & 19 <sup>th</sup>	Celtic Nations (Ireland) / Date : TBC			
25 <sup>th</sup> & 26 <sup>th</sup>				Clean & Jerk Workshops (Venues: TBC)
<b>Dec:</b>				
2 <sup>nd</sup> & 3 <sup>rd</sup>			Dublin Open (Capital Strength WLC)	Officials & Referee Training
9 <sup>th</sup> & 10 <sup>th</sup>	(IWF) Grand Prix (Qatar)			
16 <sup>th</sup> & 17 <sup>th</sup>		National Awards - 2023 (Venue & Date : TBC)		
23 <sup>rd</sup> & 24 <sup>th</sup> (BH)				
30 <sup>th</sup> & 31 <sup>st</sup>				

