



WEIGHTLIFTING IRELAND

Ulster Open Championships - 2022 | Results

Dates: November 5th - 2022
Venue: Boundary CrossFit 2

| Div | Wt | Name | Club | Body | Snatch | | | Best | Clean & Jerk | | | Best | Total | Place | Sinclair |
|-----|-------|---------------------|---------------------------|------|--------|----|----|-----------|--------------|-----|-----|-----------|------------|-----------------|----------|
| | Class | | | Wt | 1 | 2 | 3 | Sn | 1 | 2 | 3 | C&J | | | |
| Y | 45 | Darcey Newell | Asylum Weightlifting Club | 42.2 | 24 | 26 | 27 | 27 | 30 | 33 | -36 | 33 | 60 | 1 st | 105.9108 |
| Y | 45 | Ellie Barnes | Asylum Weightlifting Club | 33.4 | 14 | 15 | 16 | 16 | 16 | 18 | -20 | 18 | 34 | 2 nd | 75.1056 |
| | | | | | | | | | | | | | | | |
| Sr | 55 | Gladys Kate Pascual | Fianna Weightlifting Club | 50 | 50 | 53 | 55 | 55 | 66 | 69 | 71 | 71 | 126 | 1 st | 193.4783 |
| M | 55 | Karla Kelly | Fianna Weightlifting Club | 54.1 | 47 | 50 | 52 | 52 | 67 | -70 | -71 | 67 | 119 | 2 nd | 172.4153 |
| | | | | | | | | | | | | | | | |
| M | 59 | Rosie McCann | Unattached | 58.5 | 50 | 53 | 55 | 55 | 65 | 68 | 70 | 70 | 125 | 1 st | 171.6795 |
| Sr | 59 | Laura Walsh | Fianna Weightlifting Club | 58 | 40 | 43 | 45 | 45 | 50 | 53 | 56 | 56 | 101 | 2 nd | 139.5052 |
| M | 59 | Phil Brown | Fianna Weightlifting Club | 58.8 | 29 | 31 | 32 | 32 | 36 | 39 | 41 | 41 | 73 | 3 rd | 99.9252 |
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| Sr | 64 | Hannah Crymble | Fianna Weightlifting Club | 60 | 77 | -80 | 80 | 80 | 98 | 101 | -104 | 101 | 181 | 1 st | 244.5432 |
| Sr | 64 | Shannon Drain | Unattached | 63.6 | 64 | 66 | 69 | 69 | 77 | 79 | 81 | 81 | 150 | 2 nd | 195.4679 |
| Sr | 64 | Megan Coyle | Fianna Weightlifting Club | 63 | 57 | 60 | 62 | 62 | -78 | 78 | 83 | 83 | 145 | 3 rd | 190.0364 |
| M | 64 | Maureen Mc Larnon | Unattached | 63.6 | 44 | -47 | 47 | 47 | 64 | -68 | 68 | 68 | 115 | 4 th | 149.8587 |
| Y | 64 | Rachel Clark | Asylum Weightlifting Club | 61.4 | 25 | 28 | 30 | 30 | 35 | 38 | 41 | 41 | 71 | 5 th | 94.5374 |
| Y | 64 | Rachel Monaghan | Asylum Weightlifting Club | 64 | 20 | 23 | -26 | 23 | 27 | 30 | 33 | 33 | 56 | 6 th | 72.7015 |
| Y | 64 | Alexandra Henning | Asylum Weightlifting Club | 60.8 | 22 | 24 | 26 | 26 | 23 | 26 | 29 | 29 | 55 | 7 th | 73.6859 |
| | | | | | | | | | | | | | | | |
| Sr | 71 | Emma McQuaid | Fianna Weightlifting Club | 67.6 | 77 | 80 | 82 | 82 | 100 | 104 | -107 | 104 | 186 | 1 st | 233.962 |
| Sr | 71 | Martha Dwyer | Unattached | 66.7 | 63 | 67 | 70 | 70 | 77 | 80 | 85 | 85 | 155 | 2 nd | 196.446 |
| M | 71 | Sharon Mc Gee | Fianna Weightlifting Club | 69.4 | -48 | 48 | 50 | 50 | 67 | -70 | 70 | 70 | 120 | 3 rd | 148.7778 |
| Sr | 71 | Mary Grace Jarina | Fianna Weightlifting Club | 64.2 | 43 | -45 | -45 | 43 | 55 | 57 | 60 | 60 | 103 | 4 th | 133.4709 |
| M | 71 | Lucinda Moore-Fox | Capital Strength Weightlifting Club | 70.5 | 31 | -33 | 34 | 34 | 45 | 47 | -49 | 47 | 81 | 5 th | 99.5828 |
| M | 71 | Gabrielle Byrne | Fianna Weightlifting Club | 65.7 | 22 | 25 | 27 | 27 | 35 | 38 | 41 | 41 | 68 | 6 th | 86.932 |
| M | 71 | Una Hampsey | Unattached | 69.1 | 23 | 25 | -28 | 25 | 33 | 35 | -38 | 35 | 60 | 7 th | 74.5639 |
| | | | | | | | | | | | | | | | |
| Sr | 76 | Joyce Reilly | Fianna Weightlifting Club | 73.2 | 65 | 68 | 71 | 71 | 81 | 84 | -87 | 84 | 155 | 1 st | 186.8899 |
| Sr | 76 | Jo O'Sullivan | Unattached | 74.5 | 61 | 64 | -70 | 64 | 83 | -85 | 86 | 86 | 150 | 2 nd | 179.2806 |
| Sr | 76 | Niamh Byrne | TFA Weightlifting Club | 71.2 | 25 | 28 | 30 | 30 | 35 | 38 | 41 | 41 | 71 | 3 rd | 86.8355 |
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| Sr | 81 | Emer Malone | Fianna Weightlifting Club | 79.9 | 36 | 38 | 40 | 40 | 55 | 58 | 62 | 62 | 102 | 1 st | 117.9761 |
| Sr | 81 | Cody Behan | Fianna Weightlifting Club | 78.4 | 32 | 34 | -36 | 34 | 46 | 49 | 52 | 52 | 86 | 2 nd | 100.3248 |
| | | | | | | | | | | | | | | | |
| Sr | 87+ | Catherine Treanor | Asylum Weightlifting Club | 103 | 51 | -54 | 54 | 54 | 62 | 65 | 68 | 68 | 122 | 1 st | 128.8255 |
| Sr | 87+ | Victoria Hayes | Fianna Weightlifting Club | 103.6 | 36 | 39 | 42 | 42 | 50 | 55 | -60 | 55 | 97 | 2 nd | 102.2662 |
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