



WEIGHTLIFTING IRELAND

National Senior Championships | Results

Dates: July 23rd & 24th – 2022
Venue: SETU Sports Campus

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Rebecca Copeland	Capital Strength Weightlifting Club	48.7	62	-64	-64	62	70	-82	-82	70	132	1 st	206.8614
Sr	49	Gladys Kate Pascual	Fianna Weightlifting Club	49	47	-50	50	50	63	67	-69	67	117	2 nd	182.4784
M	55	Eithne Harte	Howling Heart Weightlifting Club	55	60	63	-66	63	80	83	-86	83	146	1 st	209.0892
M	55	Karla Kelly	Fianna Weightlifting Club	53.8	47	50	52	52	-67	-67	67	67	119	2 nd	173.0996
Sr	59	Maeve Willis	Unattached	57.3	60	-62	62	62	81	83	-85	83	145	1 st	201.9088
Sr	59	Rebecca Robinson	Elevate Weightlifting Club	58.5	-60	60	-62	60	80	-84	85	85	145	2 nd	199.1482
M	59	Nigera Zylyftari	CFI Weightlifting Club	58.8	57	60	-63	60	73	76	78	78	138	3 rd	188.8997
M	59	Niamh Mannion	D12 Weightlifting Club	58.6	56	58	60	60	67	70	72	72	132	4 th	181.0903
Sr	59	Maria Hayes	Elevate Weightlifting Club	58.5	-58	58	-60	58	70	73	-76	73	131	5 th	179.9201





Sr	64	Gillian Barry	Capital Strength Weightlifting Club	63.6	74	76	78	78	95	98	100	100	178	1 st	231.9553
Sr	64	Ailbhe Mulvihill	Cork Weightlifting Club	60.1	62	66	-72	66	80	83	-86	83	149	2 nd	201.0948
Sr	64	Isla Hoe	Capital Strength Weightlifting Club	62.9	-65	65	67	67	75	78	80	80	147	3 rd	192.8435
Sr	64	Niamh Murray	Fianna Weightlifting Club	61.1	60	63	-66	63	-78	-78	78	78	141	4 th	188.3197
Sr	64	Megan Coyle	Cookstown Weightlifting Club	63	55	58	-60	58	75	78	80	80	138	5 th	180.8622
M	64	Liane Vaughan	Spartan Weightlifting Club	62.7	55	57	59	59	70	74	-76	74	133	6 th	174.8161
Sr	71	Emma Dungan	Capital Strength Weightlifting Club	69.4	70	73	75	75	-89	-92	92	92	167	1 st	207.0492
Sr	71	Niamh Menary	Asylum Weightlifting Club	70.4	70	73	-75	73	90	93	-95	93	166	2 nd	204.2371
Sr	71	Martha Dwyer	Unattached	66.7	60	-63	65	65	74	77	80	80	145	3 rd	183.7721
Jr	71	Sorcha Broe-Brady	Capital Strength Weightlifting Club	68.8	-59	59	-62	59	69	72	74	74	133	4 th	165.676
Sr	71	Ava Brennan	Fianna Weightlifting Club	66.7	54	57	60	60	67	-71	-72	67	127	5 th	160.959
Sr	71	Hannah Moore	CFB Weightlifting Club	70.8	75	78	81	81	-94	-94	-94	--	--	--	0
Sr	76	Nadine Hayes	Howling Heart Weightlifting Club	74.5	60	63	-66	63	80	84	88	88	151	1 st	180.4758
Sr	76	Joyce Reilly	Fianna Weightlifting Club	72.7	63	66	68	68	80	82	-84	82	150	2 nd	181.4907
Jr	76	Aoife O'Moore	Capital Strength Weightlifting Club	71.8	59	61	-63	61	80	83	86	86	147	3 rd	179.0023
Y	76	Lauren Finn	Capital Strength Weightlifting Club	74.6	59	61	63	63	78	80	-82	80	143	4 th	170.8013





Sr	81	Katie Healy	Cork Weightlifting Club	79.5	62	65	68	68	82	86	-92	86	154	1 st	178.5205
M	87+	Claire Mc Larnon	Asylum Weightlifting Club	110	74	-78	78	78	96	-100	100	100	178	1 st	184.8962

