



# WEIGHTLIFTING IRELAND

## IWF Junior World Championships | Qualifying Procedures

### Event Details:

IWF World Junior Championships - 2022

Date: May 2<sup>nd</sup> – 10<sup>th</sup>, 2022

Venue: Hersonissos, Greece

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection to compete at these championships.

### ***For an athlete to be considered for selection for this competition they must:***

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.
  - a. In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.
2. Be a current member of Weightlifting Ireland and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland/Sport Ireland anti-doping procedures and attend annual anti-doping education.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For further information please email: [[ADAMS@weightliftingireland.com](mailto:ADAMS@weightliftingireland.com)]
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland event (squad session and/or competition). A formal "**Application of Interest**" must have been received via our online form for athletes to be considered for selection.
6. Athletes, Coaches, and team members must sign Weightlifting Ireland "International Code of Conduct" agreement. To receive documentation & more information, contact: [[secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com)].
7. To be deemed eligible, athletes must have competed nationally in 2020/2021 **AND** have competed at one or more Silver **OR** Gold tier international-level competition (including, but not limited to the European Junior & U23 Championships (Gold), Malta International Open (Silver) etc).





8. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.
9. Athletes are also required to have competed at the National Age-Grade Championships, 2021.
10. Athletes if selected must be willing to assist at Weightlifting Ireland competitions and events. For further information contact: [[secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com)]
11. Age eligibility for athletes for 2022:
  - a. **Junior / (15-20)**  
Athletes born between 1<sup>st</sup> January 2002 (20) and 31<sup>st</sup> December 2007 (15) are eligible to participate in the Junior Championships.

The minimum standards for men and women to be considered for the IWF Junior World Championships in 2022 are as follows:

| <b>Men</b>          |               |
|---------------------|---------------|
|                     | <b>Junior</b> |
| <u>Weight Class</u> | <u>Total</u>  |
| -55kg               | 201kg         |
| -61kg               | 215kg         |
| -67kg               | 229kg         |
| -73kg               | 242kg         |
| -81kg               | 255kg         |
| -89kg               | 267kg         |
| -96kg               | 275kg         |
| -102kg              | 281kg         |
| -109kg              | 287kg         |
| +109kg              | 303kg         |

| <b>Women</b>        |               |
|---------------------|---------------|
|                     | <b>Junior</b> |
| <u>Weight Class</u> | <u>Total</u>  |
| -45kg               | 119kg         |
| -49kg               | 128kg         |
| -55kg               | 140kg         |
| -59kg               | 147kg         |
| -64kg               | 155kg         |
| -71kg               | 164kg         |
| -76kg               | 169kg         |
| -81kg               | 174kg         |
| -87kg               | 179kg         |
| +87kg               | 186kg         |

\*\* ALL Totals have been increased by 3% from our European Junior & U23 QF totals.

