



# WEIGHTLIFTING IRELAND

## National Senior Championships | Results

Dates: November 13<sup>th</sup> - 2021

Venue: Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	67	Gary Sean Harvey	CFI Weightlifting Club	67	87	-90	92	92	110	-116	-116	110	202	1 <sup>st</sup>	273.4474
Sr	67	Lorcan Daly	Unattached	66.5	-72	73	75	75	90	94	-96	94	169	2 <sup>nd</sup>	229.8599
Jr	73	Steven Boyce	Unattached	73	87	92	96	96	107	113	116	116	212	1 <sup>st</sup>	272.5675
Jr	81	Eoin Kealy	Capital Strength Weightlifting Club	79.4	115	119	122	122	145	150	157	157	279	1 <sup>st</sup>	342.636
Sr	81	Colm Rigney	Unattached	80.1	85	92	96	96	110	115	-120	115	211	2 <sup>nd</sup>	257.957





Sr	89	Seán Brown	CFI Weightlifting Club	82.9	135	139	-143	<b>139</b>	164	-169	169	<b>169</b>	<b>308</b>	1 <sup>st</sup>	370.1163
Y	89	Daniel Bevan	Cork Weightlifting Club	82.3	96	101	-104	<b>101</b>	120	-125	127	<b>127</b>	<b>228</b>	2 <sup>nd</sup>	274.9636
Sr	89	Alex Gibney	CFI Weightlifting Club	83.6	95	100	-104	<b>100</b>	120	-125	125	<b>125</b>	<b>225</b>	3 <sup>rd</sup>	269.2719
Jr	89	Tomás Broe-Brady	DCU Weightlifting Club	82.2	-96	96	-101	<b>96</b>	117	122	126	<b>126</b>	<b>222</b>	4 <sup>th</sup>	267.8889
M	89	Eoin O'Flaherty	Capital Strength Weightlifting Club	87.8	95	-100	101	<b>101</b>	115	120	-125	<b>120</b>	<b>221</b>	5 <sup>th</sup>	258.4817
Sr	89	Carl Donnelly	Unattached	88.1	92	-96	96	<b>96</b>	120	124	-126	<b>124</b>	<b>220</b>	6 <sup>th</sup>	256.9163
Jr	96	Shane Roche	Cork Weightlifting Club	94.5	118	124	-130	<b>124</b>	146	152	155	<b>155</b>	<b>279</b>	1 <sup>st</sup>	316.1995
Sr	96	Lewis Knox	Asylum Weightlifting Club	95.3	115	120	-124	<b>120</b>	152	-160	-160	<b>152</b>	<b>272</b>	2 <sup>nd</sup>	307.2243
Sr	96	Cormac Mac Groy	Capital Strength Weightlifting Club	94.7	105	110	115	<b>115</b>	135	140	-145	<b>140</b>	<b>255</b>	3 <sup>rd</sup>	288.753
Sr	96	Timmy Mescall	Unattached	92.4	103	107	-111	<b>107</b>	124	-128	130	<b>130</b>	<b>237</b>	4 <sup>th</sup>	271.0961
Sr	96	Joe Kelly	Unattached	95.9	95	101	105	<b>105</b>	116	121	-125	<b>121</b>	<b>226</b>	5 <sup>th</sup>	254.6324
Sr	96	Osikhena Lawani	Capital Strength Weightlifting Club	91.8	95	98	101	<b>101</b>	120	123	-126	<b>123</b>	<b>224</b>	6 <sup>th</sup>	256.9298
Sr	102	Barry Kane	Cork Weightlifting Club	100.9	-120	120	-125	<b>120</b>	-150	150	155	<b>155</b>	<b>275</b>	1 <sup>st</sup>	303.9424
M	109	Pat Crowley	Capital Strength Weightlifting Club	106.9	93	96	-100	<b>96</b>	127	131	135	<b>135</b>	<b>231</b>	1 <sup>st</sup>	250.3075

