



WEIGHTLIFTING IRELAND

National Senior Championships | Results

Dates: November 13th - 2021

Venue: Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Rebecca Copeland	Capital Strength Weightlifting Club	48.8	60	62	-64	62	-75	75	-78	75	137	1 st	214.3533
M	55	Eithne Harte	Howling Heart Weightlifting Club	55	57	60	-63	60	77	80	83	83	143	1 st	204.7929
Sr	59	Hannah Crymble	Asylum Weightlifting Club	58.5	75	78	-81	78	90	94	97	97	175	1 st	240.3512
Sr	59	Ailbhe Mulvihill	Unattached	58.8	63	66	-69	66	74	77	80	80	146	2 nd	199.8505
Sr	59	Niamh Mannion	Unattached	58	54	57	59	59	66	69	71	71	130	3 rd	179.5612
Jr	59	Amy Flynn	Unattached	57.5	-53	53	-57	53	68	-70	-70	68	121	4 th	168.0965
Jr	59	Maria Hayes	Elevate Weightlifting Club	57.9	50	-53	-54	50	63	65	-68	65	115	5 th	159.0246





Sr	64	Gillian Barry	Capital Strength Weightlifting Club	63.5	72	75	77	77	92	97	-101	97	174	1 st	226.9573
M	64	Nigera Zylyftari	CFI Weightlifting Club	63.4	55	58	-62	58	75	79	82	82	140	2 nd	182.7826
Sr	64	Ava Brennan	CFI Weightlifting Club	63.1	54	57	-60	57	-68	68	-71	68	125	3 rd	163.667
Guest	64	Caroline Doyle	Unattached	63.3	77	80	83	83	-98	98	-101	98	181	--	236.5368
Guest	64	Tessa Lane	Capital Strength Weightlifting Club	62.8	69	72	75	75	78	81	85	85	160	--	210.101
Guest	64	Catherine Martin	Asylum Weightlifting Club	63.2	57	61	-66	61	72	76	-81	76	137	--	179.2072
Sr	71	Niamh Menary	Asylum Weightlifting Club	69.5	63	66	68	68	83	87	-90	87	155	1 st	192.0219
Jr	71	Abby Meenan	Unattached	68.9	60	64	67	67	82	86	-90	86	153	2 nd	190.4385
Sr	71	Isla Hoe	Capital Strength Weightlifting Club	69.9	60	63	-66	63	69	72	75	75	138	3 rd	170.4344
Guest	71	Caroline Birch	Unattached	67.8	83	-86	-87	83	103	-111	111	111	194	--	243.6231
Guest	71	Beáta Jung	CFI Weightlifting Club	65.8	80	84	88	88	95	100	105	105	193	--	246.5169
Guest	71	Karolina Wymyslo	CFI Weightlifting Club	68.9	-53	55	-58	55	71	74	-77	74	129	--	160.5658
Guest	71	Roberta Tabone	Unattached	69.2	-80	-81	-81	--	99	102	105	105	--	--	0
Sr	76	Joyce Reilly	CFI Weightlifting Club	73.7	63	-66	-67	63	78	-81	-81	78	141	1 st	169.4292
Sr	76	Nadine Hayes	Howling Heart Weightlifting Club	74.9	-58	-58	-58	--	74	78	82	82	--	--	0





Guest	76	Jo O'Sullivan	Unattached	73.3	60	64	-67	64	75	-82	82	82	146	--	175.9171
Guest	76	Wuraola Oladimeji	CFBD Weightlifting	75.6	58	-61	-62	58	78	82	-85	82	140	--	166.1368
Guest	87+	Rebecca Gilbert	Asylum Weightlifting Club	92.8	70	74	-78	74	87	-92	P	87	161	--	175.5508

