



WEIGHTLIFTING IRELAND

Development Workshop | Results

Date: August 22nd & 23rd - 2021

Venues:
Spartan Weightlifting Club
CFI Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Y	55	Ben Brennan	CF Waterford Weightlifting Club	41.00	42	45	47	47	55	57	-60	57	104	1 st	207.451
Sr	67	Gary Sean Harvey	CFI Weightlifting Club	66.20	80	85	-90	85	105	110	113	113	198	1 st	270.0781
Y	67	Odhrán Lynch	LifeFit Weightlifting Club	65.50	28	30	32	32	32	33	34	34	66	2 nd	90.6409
Y	73	Tadgh Joyce	Unattached	70.70	-77	82	-87	82	87	-93	93	93	175	1 st	229.2385
Sr	73	Conor Fitzpatrick	CFI Weightlifting Club	71.50	60	64	67	67	80	85	89	89	156	2 nd	202.9972
M35	81	Rory Shannon	CFI Weightlifting Club	81.00	44	47	50	50	-60	-63	63	63	113	1 st	137.3647
M35	81	Conor Mc Hale	Unattached	81.00	40	45	48	48	50	55	60	60	108	2 nd	131.2866





M40	81	Damien Howard	Spartan Weightlifting Club	77.90	50	-53	-53	50	65	70	-75	70	120	1 st	148.8513
M55	81	David Byrne	CFI Weightlifting Club	81.00	35	38	41	41	68	-71	-71	68	109	1 st	132.5022
M65	81	Colm Brown	CFI Weightlifting Club	75.90	32	36	40	40	42	46	50	50	90	1 st	113.2146
M75	81	Liam Stewart	Hercules Club	79.50	38	42	45	45	45	-50	-52	45	90	1 st	110.4558
Jr	81	Eoin Kealy	Capital Strength Weightlifting Club	80.80	112	115	118	118	140	144	147	147	265	1 st	322.5414
Sr	81	Colm Rigney	Unattached	81.00	85	90	95	95	110	-115	-120	110	205	2 nd	249.2014
Jr	81	Steven Boyce	Unattached	81.00	73	78	82	82	95	100	105	105	187	3 rd	227.3203
Sr	81	Niall Wyer	The Lab Weightlifting Club	81.00	67	70	71	71	95	-100	101	101	172	4 th	209.086
Sr	81	Conor McGrath	Unattached	79.20	55	62	70	70	90	100	-110	100	170	5 th	209.048
Jr	81	Scott O'Grady	Shannon Barbell Weightlifting Club	79.80	64	67	72	72	85	90	95	95	167	6 th	204.5588
Jr	81	Dylan Finucane	Unattached	78.40	55	60	65	65	85	-90	-90	85	150	7 th	185.4362
Sr	81	David Griffin	CFI Weightlifting Club	78.90	65	68	71	71	-91	P	P	--	--	--	0
M35	89	Michael Fitzpatrick	Unattached	83.50	91	-100	-100	91	120	-125	-125	120	211	1 st	252.6638
M40	89	Gus Kelly	CFI Weightlifting Club	84.90	65	68	-71	68	80	-84	-84	80	148	1 st	175.8158





M45	89	Keith Coote	Shannon Barbell Weightlifting Club	88.30	-55	55	57	57	75	-77	77	77	134	1 st	156.326
M45	89	Gerard Falsey	LifeFit Weightlifting Club	89.00	50	53	55	55	60	64	67	67	122	2 nd	141.8262
M45	96	Paul Dunne	LifeFit Weightlifting Club	96.00	50	53	56	56	62	66	68	68	124	1 st	139.6524
Sr	96	Martin Davis	Unattached	91.00	100	107	112	112	120	127	135	135	247	1 st	284.3697
Jr	109+	Oisin Conway	LifeFit Weightlifting Club	111.10	50	55	60	60	55	65	70	70	130	1 st	139.1863

