



WEIGHTLIFTING IRELAND

Development Workshop | Results

Date: August 22nd & 23rd - 2021

Venues:
Spartan Weightlifting Club
CFI Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Rebecca Copeland	Capital Strength Weightlifting Club	48.50	56	58	60	60	72	75	78	78	138	1 st	216.9625
W60	55	Phil Brown	CFI Weightlifting Club	54.60	28	31	-33	31	30	33	35	35	66	1 st	95.0051
Sr	59	Megan Coyle	CF Cookstown Weightlifting Club	58.40	50	53	56	56	71	75	80	80	136	1 st	186.9976
Sr	59	Ann Coleman	Spartan Weightlifting Club	56.30	40	42	45	45	50	53	-56	53	98	2 nd	138.0995
Sr	59	Gerianne Greene	Spartan Weightlifting Club	57.30	25	28	-31	28	-41	41	42	42	70	3 rd	97.4732
Sr	59	Jessica Doran	The Lab Weightlifting Club	59.00	20	22	25	25	35	40	41	41	66	4 th	90.1434
W35	64	Nigera Zylftari	CFI Weightlifting Club	63.50	53	56	60	60	73	77	-80	77	137	1 st	178.6962





W55	64	Gabrielle Byrne	CFI Weightlifting Club	60.30	34	36	38	38	45	49	51	51	89	1 st	119.8628
Sr	64	Gillian Barry	Capital Strength Weightlifting Club	63.60	-72	72	75	75	91	94	97	97	172	1 st	224.1365
Sr	64	Ailbhe Mulvihill	Unattached	60.60	59	63	65	65	69	73	76	76	141	2 nd	189.2977
Sr	64	Mary Grace Jarina	CFI Weightlifting Club	63.50	40	43	46	46	55	58	61	61	107	3 rd	139.5657
Sr	64	Emma Meehan	Unattached	64.00	35	38	40	40	45	48	50	50	90	4 th	116.8417
Sr	64	Hannah Crymble	Asylum Weightlifting Club	60.60	-80	-80	-80	--	88	92	95	95	--	--	0
Sr	71	Roberta Tabone	Unattached	69.90	77	80	-82	80	97	100	102	102	182	1 st	224.7758
Sr	71	Martha Dwyer	CFBD Weightlifting	70.80	65	68	71	71	75	79	-85	79	150	2 nd	183.999
Sr	71	Ava Brennan	CFI Weightlifting Club	64.60	45	48	51	51	64	67	70	70	121	3 rd	156.2206
W40	71	Caroline Murphy	The Lab Weightlifting Club	70.40	36	-39	42	42	55	58	-60	58	100	1 st	123.0344
W45	76	Tish McNamara	Unattached	74.60	-34	34	-38	34	40	42	-45	42	76	1 st	90.7755
Sr	76	Wuraola Oladimeji	CFBD Weightlifting	75.40	55	58	61	61	75	78	81	81	142	1 st	168.7261
Sr	76	Isla Hoe	Capital Strength Weightlifting Club	72.70	61	63	65	65	-72	72	75	75	140	2 nd	169.3913
Sr	76	Joyce Reilly	CFI Weightlifting Club	74.90	58	61	63	63	68	72	76	76	139	3 rd	165.6973
Y	76	Lauren Finn	Spartan Weightlifting Club	75.60	50	-53	53	53	67	70	72	72	125	4 th	148.3364
Jr	76	Aoife O'Moore	Capital Strength Weightlifting Club	73.70	49	51	-53	51	66	68	70	70	121	5 th	145.3967
Sr	76	Saoirse O'Donoghue	Spartan Weightlifting Club	72.40	25	28	32	32	40	45	-50	45	77	6 th	93.3622





W40	81	Shauna B Keane	Spartan Weightlifting Club	79.10	37	39	41	41	48	51	53	53	94	1 st	109.2148
Sr	87	Freya Hammer	Capital Strength Weightlifting Club	88.30	73	76	-78	76	93	-97	-100	93	169	1 st	187.6017
W45	87	Claire Mc Larnon	Asylum Weightlifting Club	109.20	70	74	77	77	-90	P	P	--	--	--	0

