



# WEIGHTLIFTING IRELAND

## Development Workshop | Results

Date: July 10<sup>th</sup> - 2021

Venues:  
Cork Weightlifting Club  
Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	73	Gary Sean Harvey	CFI Weightlifting Club	68.3	75	77	80	<b>80</b>	100	104	108	<b>108</b>	<b>188</b>	1st	251.4684
M65	73	Colm Brown	CFI Weightlifting Club	72.7	30	33	-35	<b>33</b>	40	43	45	<b>45</b>	<b>78</b>	1st	167.168 (SMF)
Jr	81	Tomás Broe-Brady	DCU Weightlifting Club	79.9	-90	90	-93	<b>90</b>	105	113	120	<b>120</b>	<b>210</b>	1st	257.064
Sr	81	Niall Wyr	The Lab Weightlifting	78.8	-63	67	70	<b>70</b>	90	95	-100	<b>95</b>	<b>165</b>	2nd	203.4359
Jr	81	Scott O'Grady	Shannon Barbell Weightlifting Club	79.3	60	65	70	<b>70</b>	80	85	91	<b>91</b>	<b>161</b>	3rd	197.85





Sr	89	Osikhena Lawani	Capital Strength Weightlifting Club	87.9	85	88	91	<b>91</b>	103	108	113	<b>113</b>	<b>204</b>	1st	238.4758
Jr	89	Alex Creedon	DCU Weightlifting Club	83.3	80	83	86	<b>86</b>	100	105	110	<b>110</b>	<b>196</b>	2nd	234.9756
Sr	89	Gavin Brown	CFI Weightlifting Club	82.6	65	70	75	<b>75</b>	90	96	102	<b>102</b>	<b>177</b>	3rd	213.0757
Sr	89	Ciaran Dempsey	CFI Weightlifting Club	88.7	65	70	75	<b>75</b>	90	95	100	<b>100</b>	<b>175</b>	4th	203.7449
M40	89	Gus Kelly	CFI Weightlifting Club	86.6	65	68	-71	<b>68</b>	80	-84	-84	<b>80</b>	<b>148</b>	1st	202.412 (SMF)
M45	89	Frank Murphy	Cork Weightlifting Club	81.6	70	75	-80	<b>75</b>	90	-95	95	<b>95</b>	<b>170</b>	1st	250.774 (SMF)
Jr	89	Eoin Kealy	Capital Strength Weightlifting Club	81.9	110	114	-116	<b>114</b>	134	138	142	<b>142</b>	<b>256</b>	1st	309.4784
Jr	89	Daniel Bevan	Cork Weightlifting Club	86.1	75	80	85	<b>85</b>	100	105	110	<b>110</b>	<b>195</b>	2nd	230.13
Sr	89	David Griffin	CFI Weightlifting Club	82.0	62	65	68	<b>68</b>	86	90	95	<b>95</b>	<b>163</b>	3rd	196.9311
M35	96	Andrei Barsan	Capital Strength Weightlifting Club	92.9	85	87	89	<b>89</b>	103	106	109	<b>109</b>	<b>198</b>	1st	225.9759
Jr	96	Shane Roche	Cork Weightlifting Club	93.8	105	110	115	<b>115</b>	135	140	145	<b>145</b>	<b>260</b>	1st	295.56
Jr	96	John Kennedy	CFI Weightlifting Club	89.9	65	70	-73	<b>70</b>	80	84	87	<b>87</b>	<b>157</b>	2nd	181.7075
M40	96	Gerard Griffin	Unattached	94.9	55	60	65	<b>65</b>	75	80	85	<b>85</b>	<b>150</b>	1st	174.972 (SMF)
Sr	109	Patrick Enright	Cork Weightlifting Club	102.7	55	60	-65	<b>60</b>	75	80	85	<b>85</b>	<b>145</b>	1st	159.26

