



# WEIGHTLIFTING IRELAND

## European Youth & U15 Championships | Qualifying Procedures

### Event Details:

European Youth & U15 Championships - 2021

Date: August 20<sup>th</sup> – 27<sup>th</sup>, 2021

Venue: Poland

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be considered for selection for these championships.

### ***For an athlete to be considered for selection for this competition they must:***

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.

In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.

2. Be a current member of Weightlifting Ireland, and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland & Sport Ireland anti-doping procedures.
4. Be fully compliant with the ADAMS whereabouts system no later than **90 days** before the start of the event. **Athletes are solely responsible** for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time. For more information please contact: [ADAMS@weightliftingireland.com](mailto:ADAMS@weightliftingireland.com)
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland competition in the 6 months prior to the start of the competition.
6. Athletes, Parents and Coaches must sign Weightlifting Ireland "Code of Conduct" agreement. Contact [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) for documentation & more information.



7. To be deemed eligible, athletes must have competed nationally in 2019/2020 and have competed at one or more second tier international-level competition (including, but not limited to the Celtic Nations, Small Nations, Women's International Grand Prix etc).
8. Athletes are also required to have competed at the National Youth/Junior & U23 Championships, 2019.
9. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.

**COVID-19 Statement / (February - 2021):**

Weightlifting Ireland remains fully compliant with all Department of Health and HSE recommendations around COVID-19 and no international travel will be permitted if this contravenes the government travel advice at the time of the competition.

Weightlifting Ireland is working closely with Sport Ireland and as soon as we have further clarity on when international competitions are possible, we will inform members immediately.

The minimum standards for men and women to be considered for the European Youth & U15 Championships in 2021 are as follows:

Boys		Girls	
<u>Weight Class</u>	<u>Total</u>	<u>Weight Class</u>	<u>Total</u>
-49kg	159kg	-40kg	92kg
-55kg	174kg	-45kg	102kg
-61kg	188kg	-49kg	109kg
-67kg	200kg	-55kg	119kg
-73kg	210kg	-59kg	125kg
-81kg	223kg	-64kg	131kg
-89kg	233kg	-71kg	139kg
-96kg	240kg	-76kg	144kg
-102kg	246kg	-81kg	148kg
+102kg	251kg	+81kg	153kg