



WEIGHTLIFTING IRELAND

2020 Calendar | Event Details

Competition Information:

- ALL National Level competitions, Provincial Level competitions, Universities Championships and Clubs Championships will follow IWF group protocols.
- Irish rankings and Records can only be achieved at the competitions listed below (International/National/Provincial)
- Irish athletes competing Internationally must be ADAMS compliant a minimum of 75 days before start date of the competition they wish to compete in.
- Masters athletes please contact: secretary@weightliftingireland.com

Dates:	International:	National / Provincial:
Feb: 1 st		Senior Championships
22 nd		InterVarsity's
29 th		National Masters Champs
March: 7 th - 8 th	World Junior Champs	
April: 2 nd -12 th	European Seniors	
25 th		Youth / Junior & U23 Champs
May: 16 th - 17 th		Munster Open Champs
16 th - 23 rd	European Masters	
June: 25 th - 28 th	EUWC Cup	
July: 4 th - 5 th		Leinster Open Champs
24 th - 30 th	Tokyo Olympic Games	
Aug: 18 th - 23 rd	European U15/U17	<i>*Ulster Open Champs (TBC)</i>
29 th - 6 th	World Masters Champs	
Sept: 6 th		Club Championships
12 th - 20 th	European Junior & U23	
Oct: 3 rd - 4 th		Cork Open
20 th - 25 th	World Universities	
Nov: 7 th - 8 th		West of Ireland Open
11 th - 18 th	World Youth Champs	
Dec: 5 th - 6 th		Dublin Open

