



WEIGHTLIFTING IRELAND

Dublin Open | Results

Event Details:
Dublin Open

Date: December 13th & 14th - 2019
Venue: Capital Strength Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	45	Lesha Comer	Unattached	44.80	27	29	30	30	42	44	-45	44	74	1 st	124.0834
Sr	49	Rebecca Copeland	Bohemian Weightlifting Club	47.95	-60	60	63	63	73	77	80	80	143	1 st	226.8547
M	55	Angela Roche	Unattached	54.80	46	48	49	49	63	-65	-65	63	112	1 st	160.807
Jr	55	Maria Hayes	Elevate Weightlifting Club	50.30	20	23	25	25	30	35	-40	35	60	1 st	91.7135
Sr	59	Niamh Mannion	Unattached	58.35	51	53	55	55	63	66	-70	66	121	1 st	166.4667
Jr	64	Gillian Barry	Capital Strength Weightlifting Club	63.20	67	70	72	72	87	91	-93	91	163	1 st	213.2174





Sr	64	Claire Mc Glynn	Unit 1 Weightlifting Club	63.60	66	69	-72	69	90	-94	-94	90	159	1 st	207.196
Sr	64	Ciara Hackett	Cork Weightlifting Club	63.90	50	53	-55	53	65	67	-70	67	120	2 nd	155.9344
Sr	64	Lisa Donnegan	Unattached	63.25	50	53	-55	53	64	-71	-71	64	117	3 rd	152.9725
Sr	64	Rachel Leo	Elevate Weightlifting Club	63.40	-35	38	41	41	55	60	65	65	106	4 th	138.3925
Sr	64	Jen Rice	WIT Olympic Weightlifting Club	63.90	35	38	-40	38	48	-50	50	50	88	5 th	114.3519
Sr	64	Emma Meehan	Unattached	63.60	29	31	33	33	41	43	-45	43	76	6 th	99.0371
Sr	71	Sarah Swan Hyland	Raheny Weightlifting Club	65.30	66	69	72	72	88	92	96	96	168	1 st	215.5357
Sr	71	Karolina Wymyslo	CFI Weightlifting Club	70.50	54	-57	57	57	78	81	-84	81	138	2 nd	169.6596
Sr	71	Katie Molloy	CFI Weightlifting Club	67.00	-54	54	57	57	71	-74	74	74	131	3 rd	165.6071
Sr	71	Isla Hoe	Capital Strength Weightlifting Club	69.00	57	-59	-59	57	70	72	74	74	131	4 th	162.9263
Sr	71	Amie Regan	CFI Weightlifting Club	68.35	46	49	51	51	56	59	62	62	113	5 th	141.2704
Sr	71	Cathy Mc Manus	Capital Strength Weightlifting Club	69.80	43	45	47	47	58	-60	60	60	107	6 th	132.25
M	76	Kathy Boylan	Capital Strength Weightlifting Club	72.40	40	42	44	44	50	52	-54	52	96	1 st	116.3996
M	76	Eimear O'Neill	Unattached	73.85	31	34	36	36	49	-52	52	52	88	2 nd	105.6357
Sr	76	Joyce Reilly	CFI Weightlifting Club	71.60	54	-56	-56	54	68	-71	71	71	125	1 st	152.4333
Sr	76	Christina Butler	Unattached	71.45	40	44	46	46	63	67	-70	67	113	2 nd	137.9501
Sr	76	Helan Bridges	Unattached	75.05	40	45	50	50	60	-65	-65	60	110	3 rd	130.9993





Sr	81	Freya Hammer	Capital Strength Weightlifting Club	79.75	67	70	73	73	87	91	95	95	168	1 st	194.4763
Sr	81	Aoife Bradley	Capital Strength Weightlifting Club	76.40	33	-36	-36	33	40	42	-44	42	75	2 nd	88.5541
Sr	87+	Ciara Kaufman	Unattached	90.40	48	51	53	53	63	67	-70	67	120	1 st	132.058

