



WEIGHTLIFTING IRELAND

Cork Open | Results

Event Details:
Cork Open

Date: October 5th & 6th - 2019
Venue: Cork Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Y	45	Sadbh Farrell	Unattached	45.00	14	16	17	17	16	19	21	21	38	1 st	63.4813
Y	49	Mya Cashman	Phoenix Weightlifting Club	47.50	26	29	31	31	37	39	42	42	73	1 st	116.6791
M	55	Eithne Harte	Cork Weightlifting Club	54.90	56	59	62	62	-74	74	77	77	139	1 st	199.3181
M	55	Angela Roche	Unattached	54.60	-47	47	-49	47	61	-63	-63	61	108	2 nd	155.4629
M	55	Karma Farrell	Unattached	56.40	42	44	-46	44	59	61	63	63	107	3 rd	150.5995
M	55	Mary Duggan	Phoenix Weightlifting Club	50.70	39	-41	42	42	50	52	54	54	96	4 th	145.8641
M	55	Joanne Murphy	Phoenix Weightlifting Club	53.30	35	37	39	39	52	54	56	56	95	5 th	139.1174





Sr	55	Kira Murphy	Unattached	53.80	53	56	58	58	70	73	-75	73	131	1 st	190.555
Sr	55	Karla Kelly	Performance Therapy Ireland	53.40	50	52	-54	52	70	73	75	75	127	2 nd	185.7273
Sr	55	Amelia R-Alamo	Unattached	52.00	40	42	-45	42	52	54	56	56	98	3 rd	146.1171
Sr	55	Jacintha Buckley	Killarney Weightlifting Club	52.00	33	36	39	39	52	55	-59	55	94	4 th	140.1531
Sr	55	Ewa Ostapczuk	Unattached	55.90	27	29	32	32	47	49	52	52	84	5 th	118.9511
Y	59	Ellie Pyke	Cork Weightlifting Club	56.40	53	-55	55	55	70	72	74	74	129	1 st	181.5639
M	59	Ruth Irwin	Performance Therapy Ireland	59.00	-55	55	58	58	73	76	-78	76	134	1 st	183.0184
Sr	59	Hannah Crymble	Unattached	57.80	64	68	71	71	82	85	-87	85	156	1 st	215.9684
Sr	59	Niamh Mannion	Unattached	57.80	50	52	53	53	60	63	-65	63	116	2 nd	160.5919
Sr	59	Fiona Ward	Cork Weightlifting Club	55.70	32	35	40	40	45	48	52	52	92	3 rd	130.6021
Sr	59	Juanita Brennan	Unattached	57.50	36	39	-42	39	42	45	48	48	87	4 th	120.8628
Jr	64	Ailbhe Mulvihill	Unattached	59.20	45	47	-50	47	55	-59	-61	55	102	1 st	139.0063
Jr	64	Sophie Crosbie	Cork Weightlifting Club	63.90	40	43	45	45	50	53	56	56	101	2 nd	131.2448
Y	64	Elle Power	Phoenix Weightlifting Club	63.90	46	48	51	51	64	-67	68	68	119	1 st	154.6349
Y	64	Sorcha Broe-Brady	Capital Strength Weightlifting Club	62.90	48	50	52	52	57	59	61	61	113	2 nd	148.2402
Y	64	Ella Morrissey	Unattached	64.00	35	38	40	40	44	48	50	50	90	3 rd	116.8417





M	64	Nigera Zyliftari	Unattached	63.30	58	61	63	63	73	76	-78	76	139	1 st	181.6498
M	64	Stephanie Heeran	Phoenix Weightlifting Club	61.40	46	48	50	50	60	62	64	64	114	2 nd	151.7924
M	64	Michelle Pyke	Unattached	63.00	32	34	37	37	50	53	55	55	92	3 rd	120.5748
M	64	Dawn Murphy	Killarney Weightlifting Club	61.60	30	33	-35	33	48	51	53	53	86	4 th	114.2782
Sr	64	Liane Vaughan	CFI Weightlifting Club	63.30	-52	52	-54	52	70	72	74	74	126	1 st	164.661
Sr	64	Dana Nightingale	Unattached	67.00	40	44	-47	44	54	56	58	58	102	2 nd	128.946
Sr	64	Radka Janacikova	Phoenix Weightlifting Club	62.80	35	-38	40	40	45	48	-50	48	88	3 rd	115.5555
Y	71	Sarah O' Keefe	Unattached	70.40	38	40	42	42	54	57	60	60	102	1 st	125.4951
M	71	Lucy Moore-Fox	Capital Strength Weightlifting Club	69.90	29	30	31	31	40	-43	-43	40	71	1 st	87.6873
Sr	71	Tessa Lane	NUIG Weightlifting Club	68.90	60	65	69	69	78	83	-85	83	152	1 st	189.1938
Sr	71	Jo O'Sullivan	Unattached	64.50	57	62	-67	62	75	-78	-80	75	137	2 nd	177.0397
Sr	71	Isla Hoe	Capital Strength Weightlifting Club	65.80	53	55	-57	55	62	65	-67	65	120	3 rd	153.2748
Sr	71	Jen Rice	Phoenix Weightlifting Club	64.50	-35	36	38	38	50	52	54	54	92	4 th	118.888
Sr	71	Stephanie McMahon	Unattached	70.80	27	29	31	31	30	32	34	34	65	5 th	79.7329
M	76	Karolina Zavisek	Cork Weightlifting Club	76.00	-35	36	39	39	47	50	54	54	93	1 st	110.0826
M	76	Trisha Forbes	Cork Weightlifting Club	74.70	28	30	32	32	37	41	43	43	75	2 nd	89.5222





Sr	76	Nadine Hayes	Unattached	74.00	49	52	-55	52	60	64	68	68	120	1 st	143.9033	
Sr	76	Christina Butler	Unattached	72.30	35	38	40	40	60	64	67	67	107	2 nd	129.829	
Sr	76	Lisa Collins	Unattached	75.40	27	29	-31	29	37	39	41	41	70	3 rd	83.1749	
M	81	Shauna B Keane	Unattached	77.10	37	40	-42	40	48	51	53	53	93	1 st	109.335	
Sr	81	Lorna Daly	Unattached	79.30	45	48	-52	48	55	59	62	62	110	2 nd	127.6591	
Jr	87	Elise Crowley	Unattached	83.30	38	41	44	44	54	57	60	60	104	1 st	118.1489	
M	87	Claire Cameron	Unattached	84.50	30	31	32	32	40	42	-44	42	74	1 st	83.5738	
Sr	87+	Ciara Kaufman	Unattached	93.10	42	45	48	48	58	60	62	62	110	1 st	119.8092	
Sr	87+	Holly Hayes	Cork Weightlifting Club	99.50	30	33	-38	33	41	45	48	48	81	2 nd	86.3755	
Sr	87+	Aisling Ralph	Phoenix Weightlifting Club	126.60	20	-26	26	26	35	37	40	40	66	3 rd	66.8478	

