



# TECHNICAL OFFICIALS PATHWAY



# WEIGHTLIFTING IRELAND

## Technical Officials Pathway

### W.I. Strategic Plan 2018 – 2021

#### Officials Development

- Weightlifting Ireland has a documented pathway for officials wishing to progress to elite level.
- Appoint appropriate officials for provincial areas and supply support and training if required
- Targeted performance officials are identified and receive mentoring and performance reviews
- Officials in performance have regular performance reviews and have an individualised and structured development plan

#### Competitions must support Development

- The structure provides appropriate competition experiences for developing Athletes Coaches /Officials
- Ensure there is a thorough program of preparation and support in place around athletes to enable optimal performance at provincial competitions; and that the competition structure is part of the overall national structure – coordinated calendar and appropriately stepped and phased competition

### Technical Rules & Regulations 2019

#### Technical Officials

**7.1. Definition:** A Technical Official is defined as any person who controls the play of a competition by applying the rules and regulations of the sport to make judgments on rule infringement, performance, time or ranking. Technical Official acts as an impartial judge of sporting competition. This involves an obligation to perform with accuracy, consistency, objectivity and the highest sense of integrity.

#### Officials Pathway

Level 1 – Club Referee

Level 2 – Provincial Official

Level 3 – National Official / Technical Controller

# Club Referee Entry Requirements

- Current Weightlifting Ireland member and over 18 years of age.
- Attend 4-hour workshop
- Complete 70 question Multichoice exam
- Study Weightlifting Ireland Technical Rules
- Submit documentation for E-Vetted through Weightlifting Ireland

## Workshop Timetable

1. Procedures & protocols at competition
  - E Vetting documentation submission
  - Competition Health & Safety
  - Athlete Outfits
  - Weigh in
  - Warm Up Room
  - Competition Platform
  - Operations Desk
  - Referee rules and regulations
2. Common faults and how to identify
3. Multichoice exam
4. Feedback

Upon successful completion of workshop and the multichoice exam referees will receive a Weightlifting Ireland Club Referee polo shirt.

Club Referees may apply for selection to the Provincial Official pathway

## Provincial Official Entry Requirements

- A) Applicants must be a current member of Weightlifting Ireland.
- B) Hold a Club Referee certificate for a minimum of six months and refereed at a minimum of three Weightlifting Ireland registered Club events.
- C) Shadow a National Referee at two different groups at a Provincial competition.
- D) Assist Weigh-In Official for two groups at Provincial Competition
- E) Assist Technical Officer in Warm Up Room for two groups at Provincial Competition
- F) Assist at Operations Control Desk for three groups at Provincial Competition
- G) Sit a practical referee test under supervision of a National Referee. 80 lifts minimum. Minimum pass rate 95%.
- H) Complete under supervision the IWF Multiple Choice questions Exam. Questions and answers available on IWF Website. [www.iwf.net](http://www.iwf.net) Minimum 95% pass rate.  
*\*If unsuccessful with the IWF Exam results, this can be retaken within six months*
- I) Provincial Referee renewed with membership subject to refereeing a minimum of two registered competitions within a calendar year, Provincial or National.

## National Official Entry Requirements

- A) Applicants must be a current member of Weightlifting Ireland.
- B) Hold a Provincial Referee certificate for a minimum of six months and refereed at minimum of two Weightlifting Ireland registered Provincial or National events.
- C) Weigh-In Official for two groups at Provincial Competition
- D) Technical Officer in Warm Up Room for two groups at Provincial or National Competition
- E) Officiate at Operations Control Desk for two groups at Provincial or National Competition
- J) Sit a practical test under supervision of a National Referee to include side and centre Referee. 100 lifts minimum. Minimum pass rate 95%.
- K) Complete under supervision the IWF Multiple Choice questions Exam. Exam questions and answers available on IWF Website. [www.iwf.net](http://www.iwf.net) Minimum 95% pass rate.  
*\*If unsuccessful with the IWF Exam results, this can be retaken within six months*
- L) National Referee renewed with membership subject to refereeing at a minimum of two Provincial or National competitions within a calendar year.

## National Technical Controller Requirements

- A) Applicants must be a current member of Weightlifting Ireland.
- B) Hold a National Referee certificate for a minimum of six months and refereed at a minimum of two Weightlifting Ireland registered Provincial or National competitions.
- C) Be up to date with IWF and Weightlifting Ireland technical rules and regulations
- D) Assist Competition Director at two Provincial or National competitions
- E) Centre Referee at three different groups at a Provincial or National competition.
- F) Weigh-In Official Lead Official for three groups at Provincial Competition
- G) Technical Officer in Warm Up Room Lead Official for three groups at Provincial Competition
- H) Supervise Control Desk for three groups at Provincial or National Competition
- I) National Technical Controller renewed with membership subject to officiating at a minimum of two Provincial or National competitions within a calendar year.

**Please Note:** Selection of referees and officials at Weightlifting Ireland or international competitions is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select referees or officials who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.

August 2019

