



WEIGHTLIFTING IRELAND

National Club Championships | Results

Event Details:
National Club Championships

Date: June 30th - 2019
Venue: WIT - Waterford

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	71	Aoife MacNeill	Capital Strength Weightlifting Club	65.70	-69	69	71	71	90	-92	-93	90	161		205.8244
Sr	76	Mickella Gill	Capital Strength Weightlifting Club	74.10	-70	70	-73	70	-87	-87	87	87	157		188.1472
Sr	87	Freya Hammer	Capital Strength Weightlifting Club	81.70	69	-72	-72	69	87	91	93	93	162		185.5566
Sr	64	Isla Hoe	Capital Strength Weightlifting Club	66.60	51	53	55	55	60	63	65	65	120		
Sr	89	Cathal Byrd	Capital Strength Weightlifting Club	81.40	115	120	122	122	145	150	153	153	275		333.4665
Sr	102	Olusola Friday	Capital Strength Weightlifting Club	99.80	135	140	145	145	150	155	-160	155	300		332.9033
Sr	96	David Marquis	Capital Strength Weightlifting Club	88.60	97	102	107	107	120	125	-128	125	232		270.2435
Sr	73	Anthony Monahan	Capital Strength Weightlifting Club	68.00	82	86	90	90	103	107	111	111	201		
Sr	73	Seán McElroy	Capital Strength Weightlifting Club	72.80	87	90	93	93	107	-111	-114	107	200		
Women's - 579.5282 (2 nd)				Men's - 936.6133 (1 st)				Team Overall - 1516.142 (1 st)							





Sr	71	Beáta Jung	CFI Weightlifting Club	67.10	88	92	95	95	102	106	-108	106	201		253.8857
M	55	Lisa Kierans	CFI Weightlifting Club	54.00	52	55	58	58	70	74	-76	74	132		191.5
Sr	64	Liane Vaughan	CFI Weightlifting Club	62.20	52	54	-56	54	65	68	-71	68	122		163.5237
Sr	71	Joyce Reilly	CFI Weightlifting Club	68.80	54	-57	57	57	70	-73	73	73	130		
Sr	64	Mary Grace Jarina	CFI Weightlifting Club	63.70	40	43	-45	43	-55	55	-58	55	98		
Sr	89	Seán Brown	CFI Weightlifting Club	81.50	-135	135	-140	135	160	-165	-165	160	295		357.4985
Sr	89	Mark Rowan	CFI Weightlifting Club	86.40	95	-98	98	98	115	118	121	121	219		258.0336
Sr	89	Alex Gibney	CFI Weightlifting Club	81.80	82	-85	86	86	107	110	-113	110	196		237.0886
Sr	109+	Ian Carey	CFI Weightlifting Club	111.50	-70	70	-74	70	90	-95	-98	90	160		
M	89	Oscar Bartulis	CFI Weightlifting Club	85.70	-82	82	86	86	-110	-110	-116	--			
		Women's - 608.9094 (1st)		Men's - 852.6207 (3 rd)				Team Overall - 1461.53 (2 nd)							





Sr	64	Lara McManus	Prodigy Barbell Weightlifting Club	62.80	66	70	73	73	91	96	100	100	173		227.17
Jr	76	Emma Dungan	Prodigy Barbell Weightlifting Club	73.20	-54	54	58	58	68	72	75	75	133		160.3636
Sr	81	Samantha Ryan	Prodigy Barbell Weightlifting Club	79.60	54	56	58	58	65	-70	-70	65	123		142.5043
Sr	71	Aoife Mcloughlin	Prodigy Barbell Weightlifting Club	64.90	35	39	42	42	50	54	58	58	100		
Sr	102	Adam Swan	Prodigy Barbell Weightlifting Club	96.10	122	-127	130	130	155	-167	-167	155	285		320.8437
Sr	102	Simon Keartland	Prodigy Barbell Weightlifting Club	101.20	120	125	130	130	150	158	-165	158	288		317.97
Sr	73	Conor O Reilly	Prodigy Barbell Weightlifting Club	72.00	95	100	-105	100	125	-130	-131	125	225		291.5949
Sr	89	Ryan Harmon	Prodigy Barbell Weightlifting Club	84.00	85	90	-93	90	110	118	-126	118	208		
Sr	96	Cormac Mac Groy	Prodigy Barbell Weightlifting Club	91.30	80	-85	-86	80	100	108	112	112	192		
Sr	102	John O'Connor	Prodigy Barbell Weightlifting Club	98.90	-85	85	-93	85	P	P	P	--			
Women's - 530.0379 (5 th)				Men's - 930.4086 (2 nd)					Team Overall - 1460.447 (3 rd)						





Jr	71	Emma Kelly	CrossFit Bua Weightlifting Club	67.00	50	53	55	55	67	70	72	72	127		160.5504
Jr	59	Amy Flynn	CrossFit Bua Weightlifting Club	55.80	43	47	-50	47	52	56	58	58	105		148.8724
Jr	71	Ceire Wynne Judge	CrossFit Bua Weightlifting Club	68.90	45	48	51	51	65	-68	-70	65	116		144.3848
M	87+	Caitriona Mills	CrossFit Bua Weightlifting Club	92.30	51	54	56	56	67	70	-72	70	126		
M	71	Sharon McGee	CrossFit Bua Weightlifting Club	69.70	45	47	-50	47	57	60	63	63	110		
M	55	Gillian Campbell	CrossFit Bua Weightlifting Club	49.60	34	36	38	38	48	50	-52	50	88		
Jr	81	Jack Walsh	CrossFit Bua Weightlifting Club	80.20	82	85	88	88	105	108	111	111	199		243.1311
Sr	89	David Kenny	CrossFit Bua Weightlifting Club	84.10	80	85	-90	85	100	105	110	110	195		232.6986
Sr	89	Stephen Darling	CrossFit Bua Weightlifting Club	84.70	70	75	80	80	80	82	85	85	165		196.2306
Women's - 453.8076 (6 th)				Men's - 672.0603 (5 th)					Team Overall - 1125.868 (4 th)						





Sr	64	Lisa Zychowski	Cork Weightlifting Club	63.20	45	48	51	51	58	62	-67	62	113		147.8133
Sr	87+	Holly Hayes	Cork Weightlifting Club	102.20	28	32	35	35	38	41	45	45	80		84.657
M	55	Eithne Harte	Cork Weightlifting Club	54.50	59	62	64	64	-78	-78	-78	-			
Sr	89	Daniel Barry	Cork Weightlifting Club	85.30	80	85	-90	85	116	121	-126	121	206		244.1734
Jr	96	Yakub Boybay	Cork Weightlifting Club	93.60	80	85	90	90	110	-115	116	116	206		234.3784
Sr	81	Roland Korom	Cork Weightlifting Club	78.40	72	77	-82	77	90	95	-100	95	172		212.6335
Sr	81	Rinnell Mendoza	Cork Weightlifting Club	78.60	63	67	72	72	78	83	87	87	159		
Jr	67	Harry O'Byrne	Cork Weightlifting Club	64.80	50	-54	-54	50	65	70	-75	70	120		
		Women's - 232.4703 (7 th)			Men's - 691.1853 (4 th)					Team Overall - 923.6556 (5 th)					
Sr	87	Kamila Kierzkowska	Performance Therapy Ireland	84.30	71	-74	75	75	94	97	100	100	175		197.8317
M	64	Ruth Irwin	Performance Therapy Ireland	61.70	54	57	61	61	74	78	82	82	143		189.83
Sr	55	Karla Kelly	Performance Therapy Ireland	54.30	47	49	51	51	67	70	73	73	124		179.1901
Sr	64	Faye-Mercedes Moran	Performance Therapy Ireland	60.00	45	48	51	51	65	68	-71	68	119		
		Women's - 566.8518 (3 rd)			N/A					N/A					





Sr	55	Laura Mcgrath	Elevate Weightlifting Club	54.10	-48	48	50	50	67	71	-74	71	121		175.31
Sr	59	Sinead O' Donnell	Elevate Weightlifting Club	58.10	58	61	-64	61	70	73	-76	73	134		184.88
Sr	71	Karen Kavanagh	Elevate Weightlifting Club	69.80	-69	69	72	72	-85	87	91	91	163		201.4649
		Women's - 561.6549 (4 th)		N/A				N/A							
Sr	61	Garry Hurley	TU Dublin Weightlifting Club	58.50	50	53	-55	53	60	65	-70	65	118		175.0139
Jr	81	Osikhena Lawani	TU Dublin Weightlifting Club	79.20	68	71	75	75	78	81	85	85	160		196.7511
Sr	89	Martin Earle	TU Dublin Weightlifting Club	86.50	55	60	65	65	82	90	95	95	160		188.4169
		N/A		Men's - 560.1819 (6 th)				N/A							
Sr	67	Robert Galligan	LIT Weightlifting Club	64.30	42	-44	44	44	55	58	62	62	106	2	147.3343
Jr	81	Cian Gavillet	LIT Weightlifting Club	80.70	70	-72	72	72	90	95	100	100	172	3	209.4791
		N/A		Men's - 356.8134 (7 th)				N/A							
Sr	109	Dylan Smith	Bohemian Weightlifting Club	103.80	68	73	78	78	110	-115	118	118	196	1	214.4763
		N/A		Men's -214.4763 (8 th)				N/A							

