



WEIGHTLIFTING IRELAND

Leinster Open Championships | Results

Event Details:
Leinster Open Championships

Date: July 13th & 14th - 2019
Venue: CFI Weightlifting Club

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Rebecca Copeland	Bohemian Weightlifting Club	48.00	57	60	62	62	71	75	-78	75	137	1 st	217.157
Sr	49	Amelia R-Alamo	Unattached	48.80	40	42	-44	42	53	-55	-55	53	95	2 nd	148.6391
Jr	55	Amy Flynn	CrossFit Bua Weightlifting Club	54.40	45	48	-51	48	59	62	-64	62	110	1 st	158.7523
M	55	Dawn Scott	Unattached	54.70	45	48	-51	48	60	62	64	64	112	1 st (W35)	161.0134
M	55	Angela Roche	Unattached	54.60	47	-49	-49	47	-61	63	-65	63	110	2 nd (W35)	158.3419
M	55	Gillian Campbell	CrossFit Bua Weightlifting Club	49.70	35	-37	-37	35	49	51	-53	51	86	1 st (W40)	132.6668
M	55	Marina Zaidman	CFI Weightlifting Club	53.70	25	28	31	31	36	39	42	42	73	1 st (W50)	106.3284





Sr	55	Kira Murphy	Unattached	52.90	50	53	55	55	70	72	74	74	129	1 st	189.9386
Sr	55	Karla Kelly	Performance Therapy Ireland	53.80	49	51	53	53	69	72	-74	72	125	2 nd	181.8273
Jr	59	Ailbhe Mulvihill	Unattached	57.50	42	-44	45	45	54	58	60	60	105	1 st	145.8689
M	59	Gillian Keogh	CrossFit Bua Weightlifting Club	59.00	38	40	42	42	52	54	56	56	98	1 st (W35)	133.8493
M	59	Aileen Donnegan	Unattached	58.20	37	40	42	42	48	52	54	54	96	1 st (W45)	132.2973
M	59	Phil Brown	CFI Weightlifting Club	57.00	25	28	-30	28	31	33	35	35	63	1 st (W60)	88.0364
Sr	59	Janine McGrath	Unattached	57.20	55	60	65	65	75	80	85	85	150	1 st	209.1165
Sr	59	Hannah Crymble	Unattached	57.90	-62	62	64	64	78	81	-84	81	145	2 nd	200.5093
Sr	59	Faye-Mercedes Moran	Performance Therapy Ireland	59.00	47	-49	-50	47	66	69	71	71	118	3 rd	161.1655
Sr	59	Niamh Mannion	Unattached	58.50	-49	50	-53	50	60	63	65	65	115	4 th	157.9451
Y	59	Marina Quigley	Capital Strength Weightlifting Club	57.30	53	55	57	57	65	68	70	70	127	1 st	176.8443
M	64	Ruth Irwin	Performance Therapy Ireland	61.50	55	59	-62	59	75	79	81	81	140	1 st (W40)	186.2226
M	64	Nigera Zylftari	Unattached	62.80	55	58	61	61	70	74	-77	74	135	1 st (W35)	177.2727
M	64	Gabrielle Byrne	CFI Weightlifting Club	62.20	33	36	39	39	45	48	50	50	89	1 st (W55)	117.5575





Sr	64	Natalie Lavery	Unattached	61.50	61	64	-67	64	-80	80	84	84	148	1 st	196.8639
Sr	64	Shannon Drain	Unattached	62.90	-60	61	-63	61	75	-77	78	78	139	2 nd	182.3486
Sr	64	Teresa King	Unattached	63.80	55	60	-64	60	70	-74	-75	70	130	3 rd	169.0871
Sr	64	Liane Vaughan	CFI Weightlifting Club	62.30	-52	-52	52	52	65	68	70	70	122	4 th	160.9872
Sr	64	Lisa Donnegan	Unattached	63.40	-49	50	52	52	61	64	-67	64	116	5 th	151.4484
Sr	64	Mary Grace Jarina	CFI Weightlifting Club	63.80	42	44	46	46	53	56	-60	56	102	6 th	132.6683
Sr	64	Katie Molloy	CFI Weightlifting Club	64.00	-55	-55	-58	--	P	P	P	--	--	--	0
M	64	Michelle Curtin	Galway Weightlifting Club	63.00	58	62	66	66	-75	-76	78	78	144	1 st (W35)	188.7258
Jr	71	Emma Kelly	CrossFit Bua Weightlifting Club	67.30	53	56	58	58	70	73	75	75	133	1 st	167.7128
Jr	71	Ceire Wynne Judge	CrossFit Bua Weightlifting Club	68.10	-47	47	-50	47	63	65	67	67	114	2 nd	142.8094
M	71	Sharon McGee	CrossFit Bua Weightlifting Club	66.40	47	49	51	51	60	63	65	65	116	1 st (W35)	147.3955
Sr	71	Beáta Jung	CFI Weightlifting Club	66.50	89	-94	96	96	103	-107	107	107	203	1 st	257.7208
Sr	71	Caroline Birch	Unattached	70.60	-67	-70	70	70	-80	84	88	88	158	2 nd	194.1022
Sr	71	Karolina Wymyslo	CFI Weightlifting Club	69.70	53	55	57	57	74	77	80	80	137	3 rd	169.4599
Sr	71	Joyce Reilly	CFI Weightlifting Club	69.80	54	56	58	58	70	-73	73	73	131	4 th	161.9135
Sr	71	Isla Hoe	Capital Strength Weightlifting Club	66.40	52	54	56	56	60	63	66	66	122	5 th	155.0194
Sr	71	Rachel Reidy	CFI Weightlifting Club	69.80	45	48	50	50	60	63	65	65	115	6 th	142.1378
Sr	71	Christina Butler	Unattached	70.70	35	38	40	40	58	60	63	63	103	7 th	126.4403





M	76	Eimear O'Neill	Unattached	74.50	30	33	35	35	48	51	53	53	88	1 st (W45)	105.1779
M	81	Cliona O'Toole	CFI Weightlifting Club	78.00	45	48	51	51	65	68	-71	68	119	1 st (W35)	139.1483
Y	81	Rachel O'Friel	CrossFit Bua Weightlifting Club	78.30	29	31	33	33	38	40	43	43	76	1 st	88.711
M	87	Kamila Kierzkowska	Performance Therapy Ireland	84.60	-72	72	-76	72	96	-100	-103	96	168	1 st (W35)	189.6438
M	87+	Claire McLarnon	Unattached	104.00	-75	75	-79	75	98	103	-107	103	178	1 st (W40)	187.4708
M	87+	Caitriona Mills	CrossFit Bua Weightlifting Club	90.50	52	55	57	57	67	70	-73	70	127	1st (W35)	139.7057

