



# WEIGHTLIFTING IRELAND

## European Youth Championships | Qualifying Procedures

### Event Details:

European Youth Championships - 2019

Date: December 4<sup>th</sup> – December 12<sup>th</sup>, 2019

Venue: Eilat, Israel

Below are the minimum standards set out by Weightlifting Ireland for Irish athletes who wish to be selected to compete at these championships.

### ***For an athlete to be considered for selection for this competition they must:***

1. Hold a valid Irish passport and have been deemed eligible to represent Ireland based on approval by the Board of Weightlifting Ireland.

In the case of multiple citizenship, the athlete must **NOT** have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve-month period.

2. Be a current member of Weightlifting Ireland, and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
3. Be compliant with the Weightlifting Ireland & Sport Ireland anti-doping procedures.
4. Be fully compliant with the ADAMS whereabouts system no later than 90 days before the start of the event. Athletes are solely responsible for ensuring that they are set up on the ADAMS system and have submitted their whereabouts in time.
5. Have achieved the relevant Weightlifting Ireland qualification standard (please see table below) in a sanctioned Weightlifting Ireland competition in the 6 months prior to the start of the competition.
6. Athletes, Parents and Coaches must sign Weightlifting Ireland “Code of Conduct” agreement. Contact [secretary@weightliftingireland.com](mailto:secretary@weightliftingireland.com) for document.



7. To be deemed eligible, athletes must have competed nationally in 2018 and have competed at one or more second tier international-level competition (including, but not limited to the Celtic Nations, Small Nations, Women's International Grand Prix etc).
8. Athletes are also required to compete in the National Youth Championships 2019.
9. Selection for any international competition is at the discretion of the Weightlifting Ireland Board and in exceptional circumstances the Board reserves the right to select athletes who have not met all the above criteria, if it is deemed to be in the best interest of Weightlifting Ireland and its members.

The minimum standards for men and women to be considered for the European Youth Championships in 2019 are as follows:

Boys			Girls	
<u>Weight Class</u>	<u>Total</u>		<u>Weight Class</u>	<u>Total</u>
-49kg	159kg		-40kg	92kg
-55kg	174kg		-45kg	102kg
-61kg	188kg		-49kg	109kg
-67kg	200kg		-55kg	119kg
-73kg	210kg		-59kg	125kg
-81kg	223kg		-64kg	131kg
-89kg	233kg		-71kg	139kg
-96kg	240kg		-76kg	144kg
-102kg	246kg		-81kg	148kg
+102kg	251kg		+81kg	153kg

\*\* Qualification deadline for this competition is the Leinster Open Championships, July 6<sup>th</sup>/7<sup>th</sup>, 2019.