



# WEIGHTLIFTING IRELAND

## National Masters Championships | Results

Event Details:

National Masters Championships

Date: March 9<sup>th</sup>, 2019

Venue: CrossFit Waterford

Age Bracket	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
M35 (35-39)	55	Eithne Harte	Cork Weightlifting Club	55.00	58	61	-64	<b>61</b>	-78	80	-82	<b>80</b>	<b>141</b>	1 <sup>st</sup>	201.9286
M35 (35-39)	55	Dawn Scott	Unattached	54.20	40	44	47	<b>47</b>	-61	-61	-61	--			0
M45 (45-49)	55	Karma Farrell	Unattached	54.90	38	40	42	<b>42</b>	55	58	60	<b>60</b>	<b>102</b>	1 <sup>st</sup>	146.2622
M35 (35-39)	59	Angela Roche	Unattached	56.90	45	47	-49	<b>47</b>	60	-63	63	<b>63</b>	<b>110</b>	1 <sup>st</sup>	153.8968
M45 (45-49)	59	Kate Meenan	Unattached	57.00	40	42	45	<b>45</b>	-55	-55	55	<b>55</b>	<b>100</b>	1 <sup>st</sup>	139.7403





M60 (60-64)	59	Phil Brown	CFI Weightlifting Club	58.10	23	26	-29	<b>26</b>	30	-34	34	<b>34</b>	<b>60</b>	1 <sup>st</sup>	82.7799
M35 (35-39)	64	Michelle Curtin	Unattached	64.00	56	60	64	<b>64</b>	76	-80	-80	<b>76</b>	<b>140</b>	1 <sup>st</sup>	181.7538
M35 (35-39)	64	Amanda Cummins	DSC Weightlifting Club	61.40	55	-58	-58	<b>55</b>	70	73	76	<b>76</b>	<b>131</b>	2 <sup>nd</sup>	174.4281
M45 (45-49)	64	Stephanie Heeran	Phoenix Weightlifting	61.20	47	48	49	<b>49</b>	59	61	62	<b>62</b>	<b>111</b>	1 <sup>st</sup>	148.0997
M40 (40-44)	71	Ruth Connolly	DSC Weightlifting Club	66.60	42	45	-50	<b>45</b>	60	-63	63	<b>63</b>	<b>108</b>	1 <sup>st</sup>	136.9953
M55 (55-59)	71	Gabrielle Byrne	CFI Weightlifting Club	66.40	28	31	34	<b>34</b>	45	48	51	<b>51</b>	<b>85</b>	1 <sup>st</sup>	108.0054
M35 (35-39)	76	Cliona O'Toole	Unattached	75.00	42	47	51	<b>51</b>	60	65	68	<b>68</b>	<b>119</b>	1 <sup>st</sup>	141.7635
M60 (60-64)	76	Lucinda Moore-Fox	Capital Strength Weightlifting Club	75.20	27	29	30	<b>30</b>	37	40	42	<b>42</b>	<b>72</b>	1 <sup>st</sup>	85.6617
M40 (40-44)	87+	Claire McLarnon	Unattached	105.40	-73	73	77	<b>77</b>	96	101	-104	<b>101</b>	<b>178</b>	1 <sup>st</sup>	186.8175





M40 (40-44)	67	Wayne Healy	Unattached	66.60	95	102	-107	<b>102</b>	125	130	135	<b>135</b>	<b>237</b>	1 <sup>st</sup>	322.0413
M45 (45-49)	67	James Buggle	Unattached	66.40	50	54	-58	<b>54</b>	63	67	-70	<b>67</b>	<b>121</b>	1 <sup>st</sup>	164.7315
M75 (75-79)	67	Billy Caball	Cork Weightlifting Club	67.00	35	38	-40	<b>38</b>	43	46	48	<b>48</b>	<b>86</b>	1 <sup>st</sup>	116.4182
M40 (40-44)	73	Alan Doyle	D12 Weightlifting Club	72.20	-68	68	70	<b>70</b>	90	94	97	<b>97</b>	<b>167</b>	1 <sup>st</sup>	216.0796
M50 (50-54)	73	Peter Carroll	Hercules Club	72.90	58	-62	62	<b>62</b>	80	-85	85	<b>85</b>	<b>147</b>	1 <sup>st</sup>	189.1459
M35 (35-39)	81	David Gorman	Capital Strength	80.70	81	83	85	<b>85</b>	-113	-113	113	<b>113</b>	<b>198</b>	1 <sup>st</sup>	241.1446
M40 (40-44)	81	Niall Connolly	DSC Weightlifting Club	79.40	70	75	-80	<b>75</b>	100	105	111	<b>111</b>	<b>186</b>	1 <sup>st</sup>	228.424
M40 (40-44)	81	Barry McGrogan	Unattached	79.80	70	75	-80	<b>75</b>	95	-100	100	<b>100</b>	<b>175</b>	2 <sup>nd</sup>	214.3581
M40 (40-44)	81	Gerard Buckley	Unattached	79.30	70	-74	-75	<b>70</b>	94	98	-101	<b>98</b>	<b>168</b>	3 <sup>rd</sup>	206.4533
M45 (45-49)	81	Robert Keating	CFI Weightlifting Club	80.90	65	68	-71	<b>68</b>	90	-93	-94	<b>90</b>	<b>158</b>	1 <sup>st</sup>	192.1874
M45 (45-49)	81	Patrick Patterson	Unattached	78.30	57	60	63	<b>63</b>	-74	74	-76	<b>74</b>	<b>137</b>	2 <sup>nd</sup>	169.4789





M35 (35-39)	89	James Swan	Unattached	84.90	108	112	-115	<b>112</b>	-128	129	-133	<b>129</b>	<b>241</b>	1 <sup>st</sup>	288.1717
M40 (40-44)	89	Patrick Daly	Red Iron Weightlifting Club	87.20	95	100	-106	<b>100</b>	120	125	130	<b>130</b>	<b>230</b>	1 <sup>st</sup>	271.4585
M35 (35-39)	89	Oscar Bartulius	Unattached	88.60	80	84	87	<b>87</b>	110	-116	117	<b>117</b>	<b>204</b>	1 <sup>st</sup>	238.9658
M35 (35-39)	89	Marcin Skwark	Unattached	85.40	-81	86	-91	<b>86</b>	106	112	117	<b>117</b>	<b>203</b>	2 <sup>nd</sup>	242.0298
M35 (35-39)	89	Matthew Shanley	Cork Weightlifting Club	84.80	80	-82	-82	<b>80</b>	-98	98	P	<b>98</b>	<b>178</b>	3 <sup>rd</sup>	212.9652
M50 (50-54)	89	Dermot Drain	Unattached	87.80	75	77	79	<b>79</b>	92	94	96	<b>96</b>	<b>175</b>	1 <sup>st</sup>	205.8717
M50 (50-54)	89	Robbie Woods	Unattached	86.80	50	-55	57	<b>57</b>	-63	65	75	<b>75</b>	<b>132</b>	2 <sup>nd</sup>	155.196
M40 (40-44)	96	Derek Davis	CFI Weightlifting Club	90.80	85	91	-95	<b>91</b>	115	118	122	<b>122</b>	<b>213</b>	1 <sup>st</sup>	246.7166
M40 (40-44)	96	Peter Stanley	Red Iron Weightlifting Club	95.10	55	58	61	<b>61</b>	-75	77	82	<b>82</b>	<b>143</b>	2 <sup>nd</sup>	162.3404
M50 (50-54)	102	Jon Bayle	Capital Strength Weightlifting Club	98.10	51	53	55	<b>55</b>	71	75	78	<b>78</b>	<b>133</b>	1 <sup>st</sup>	149.0883

