



WEIGHTLIFTING IRELAND

Clonmel Open | Results

Event Details:
Clonmel Open

Date: February 24th, 2019
Venue: Phoenix Strength & Conditioning

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
M	49	Mary Duggan	Phoenix Weightlifting	48.30	40	41	-42	41	52	-53	-53	52	93	1 st	146.6896
Y	55	Sinead Owens	Phoenix Weightlifting	50.60	37	39	-41	39	50	-53	-54	50	89	1 st	135.4299
Y	59	Sorcha Broe-Brady	Capital Strength Weightlifting Club	57.80	43	45	47	47	52	54	-56	54	101	1 st	139.8257
M	59	Karen McAvoy	Unattached	59.00	36	38	-40	38	42	46	50	50	88	2 nd	120.1912
M	59	Phil Brown	CFI Weightlifting Club	58.50	26	-28	28	28	30	-33	33	33	61	3 rd	83.7796
M	76	Lucy Moore-Fox	Capital Strength Weightlifting Club	75.30	25	27	28	28	33	35	37	37	65	1 st	77.2835





Sr	64	Shannon Drain	Unattached	62.40	55	58	61	61	70	74	-78	74	135	1 st	177.9662
Sr	64	Lisa Donnegan	Unattached	63.60	42	45	48	48	58	60	63	63	111	2 nd	144.6463
M	64	Stephanie Heeran	Phoenix Weightlifting	60.70	47	48	-50	48	58	60	62	62	110	3 rd	147.5251
Y	64	Elle Power	Phoenix Weightlifting	64.00	45	47	-48	47	57	60	62	62	109	4 th	141.5083
Sr	64	Ruth Kearns	CFI Weightlifting Club	63.40	36	39	42	42	50	54	58	58	100	5 th	130.559
Sr	64	Laura Buckley	Phoenix Weightlifting	63.50	25	27	-30	27	30	32	35	35	62	6 th	80.8698
Sr	71	Caroline Birch	Unattached	70.90	52	56	60	60	75	80	84	84	144	1 st	176.5078
Sr	71	Joyce Reilly	CFI Weightlifting Club	67.50	48	51	54	54	60	65	-68	65	119	2 nd	149.8093
Sr	71	Katie Molloy	CFI Weightlifting Club	69.30	45	48	-51	48	55	-58	58	58	106	3 rd	131.5231
Sr	71	Rachel Reidy	CFI Weightlifting Club	68.10	34	36	39	39	50	54	58	58	97	4 th	121.5133
Sr	71	Siobhan Cronin	LIT Weightlifting Club	70.50	28	30	32	32	38	41	44	44	76	5 th	93.4357
Sr	81	Noreen Fleming	CFI Weightlifting Club	79.20	-36	36	39	39	40	45	-48	45	84	1 st	97.5405





M	67	Billy Caball	Cork Weightlifting Club	67.00	34	36	-38	36	43	45	47	47	83	1 st	112.3571
Jr	73	Dominik Kmita	Cork Weightlifting Club	72.90	70	75	80	80	86	91	-96	91	171	1 st	220.0269
Jr	73	Harry O'Byrne	Cork Weightlifting Club	67.60	50	54	-56	54	63	67	-71	67	121	2 nd	162.886
Sr	73	Conor McHale	Unattached	69.10	-50	50	-53	50	60	65	-70	65	115	3 rd	152.7303
Y	81	Shane Roche	Cork Weightlifting Club	80.00	73	78	81	81	100	106	110	110	191	1 st	233.6557
M	81	Shane Griffin	Phoenix Weightlifting	80.60	78	-80	80	80	105	107	-109	107	187	2 nd	227.8911
Jr	81	Tomas Broe-Brady	Capital Strength Weightlifting Club	75.80	75	-75	-78	75	95	98	101	101	176	3 rd	221.5574
Sr	81	Roland Korom	LIT	78.40	70	75	-80	75	90	95	-100	95	170	4 th	210.161
Sr	81	Alex Gibney	CFI Weightlifting Club	81.00	65	71	75	75	83	87	91	91	166	5 th	201.7923
M	81	Robert Keating	CFI Weightlifting Club	80.00	65	68	-71	68	-90	90	-95	90	158	6 th	193.2859
Sr	81	David Loh	Phoenix Weightlifting	77.70	-67	67	70	70	85	87	-89	87	157	7 th	195.0133
M	81	Martin McGrath	Phoenix Weightlifting	75.50	44	47	50	50	44	47	50	50	100	8 th	126.1596
M	81	Colm Brown	CFI Weightlifting Club	79.20	35	38	40	40	40	44	-48	44	84	9 th	103.2943
Sr	89	Cronan Morrison	CFI Weightlifting Club	82.90	93	96	-100	96	112	115	118	118	214	1 st	257.1587
Sr	89	Mark Rowan	CFI Weightlifting Club	86.00	93	96	-99	96	112	116	-120	116	212	2 nd	250.3248
Sr	89	James Cahill	Phoenix Weightlifting	86.90	80	82	85	85	-110	110	-112	110	195	3 rd	229.1456





Jr	89	Yakub Boybay	Cork Weightlifting Club	86.50	77	83	87	87	100	-105	105	105	192	4 th	226.1002
M	89	Dermot Drain	Unattached	88.90	75	77	-79	77	93	95	97	97	174	5 th	202.3777
M	89	Craig Walters	LIT Weightlifting Club	92.80	65	70	75	75	80	-85	85	85	160	6 th	182.6886
Sr	96	David Kane	CFI Weightlifting Club	95.30	77	81	85	85	102	106	110	110	195	1 st	220.2527
M	96	David McVeigh	Unattached	94.80	75	-80	-82	75	95	100	105	105	180	2 nd	203.7391
Sr	96	Denis John-Glanton	WIT Weightlifting Club	92.40	65	-70	-73	65	80	85	90	90	155	3 rd	177.2991
Sr	102	Ian Byrne	Cork Weightlifting Club	99.20	65	70	-75	70	-82	82	-87	82	152	1 st	169.0484
M	109	Kaspar Puspurs	UCC Weightlifting Club	105.00	75	80	-83	80	105	-110	-110	105	185	1 st	201.6514
Sr	109+	Ian Carey	CFI Weightlifting Club	113.50	65	70	-76	70	80	85	-92	85	155	1 st	164.9216

