



WEIGHTLIFTING IRELAND

Connacht Open Championships | Results

Event Details:

Connacht Open Championships

Date: December 1st, 2018

Venue: All Core Gym, Galway

Div	Wt	Name	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class			Wt	1	2	3	Sn	1	2	3	C&J			
Sr	49	Rebecca Copeland	Unattached	47.00	56	-60	-60	56	68	72	75	75	131	1 st	211.1689
M	59	Lisa Zychoski	Cork Weightlifting Club	59.00	-50	-50	-50	--	60	-63	63	63	--	--	0
Sr	64	Tessa Lane	NUIG Weightlifting Club	64.00	60	63	-66	63	72	75	78	78	141	1 st	183.0521
Sr	64	Michelle Curtin	Unattached	63.00	-52	-52	53	53	71	75	79	79	132	2 nd	172.9986
Sr	64	Vilma O'Malley	Unattached	61.80	47	49	51	51	64	67	71	71	122	3 rd	161.7897
Sr	64	Roisin Foley	Killarney Barbell Club	61.40	47	50	-53	50	60	63	65	65	115	4 th	153.1239
Sr	64	Mary Grace Jarina	CFI Weightlifting Club	62.90	36	39	42	42	49	52	-55	52	94	5 th	123.3149





M	64	Phil Brown	CFI Weightlifting Club	61.00	22	24	26	26	30	33	-35	33	59	1 st	78.8816
Sr	71	Alexandra Kavanagh	LIT Weightlifting Club	65.30	27	29	32	32	38	42	45	45	77	1 st	98.7872
U23	71	Siobhan Cronin	LIT Weightlifting Club	70.20	25	27	29	29	33	35	38	38	67	1 st	82.5579
Sr	87+	Beibhinn Mcginley	NUIG Weightlifting Club	108.20	45	-50	50	50	65	70	73	73	123	1 st	128.2576
Sr	67	Lorcan Daly	Unattached	65.80	66	70	-72	70	91	-95	96	96	166	1 st	227.3074
Sr	67	Raja Chakravarthi	NUIG Weightlifting Club	65.80	50	53	-56	53	60	65	70	70	123	2 nd	168.4266
Jr	73	Emmet Reaney	Unattached	70.70	70	75	80	80	92	97	-100	97	177	1 st	231.8583
Jr	73	Dominik Kmita	Cork Weightlifting Club	72.50	65	70	75	75	78	84	-90	84	159	2 nd	205.2354
Y	73	Harry O' Byrne	Cork Weightlifting Club	68.20	48	51	54	54	61	65	69	69	123	1 st	164.6733





Sr	81	Mark Thompson	Unattached	79.40	85	92	100	100	127	135	-142	135	235	1 st	288.6002
Sr	81	Ryan Harmon	Prodigy Barbell	78.90	75	-80	80	80	102	-107	-107	102	182	2 nd	224.2473
Sr	81	Rinnell Mendoza	Cork Weightlifting Club	75.50	66	-70	-72	66	80	85	90	90	156	3 rd	196.809
Sr	89	Kieran Joyce	NUIG Weightlifting Club	88.30	110	115	120	120	135	140	147	147	267	1 st	311.4854
Sr	89	Timmy Mescall	Unattached	88.10	96	102	106	106	120	126	-132	126	232	2 nd	270.93
Sr	89	Gonzalo Silva Vera	Prodigy Barbell	88.50	67	71	75	75	84	88	92	92	167	3 rd	194.6269
Sr	89	Leandro Rowies	Prodigy Barbell	82.20	55	-60	62	62	75	80	85	85	147	4 th	177.3859
M	89	Paul Dunne	Unattached	83.20	54	58	-60	58	65	71	-72	71	129	1 st	154.7428
M	96	Craig Walters	LIT Weightlifting Club	89.40	60	65	70	70	75	80	85	85	155	1 st	179.8322
Sr	96	Cian Foley	Unattached	94.20	-60	60	65	65	80	85	90	90	155	1 st	175.8929
Sr	102	Ian Byrne	Cork Weightlifting Club	96.30	68	-72	74	74	78	83	-88	83	157	1 st	176.6012
Sr	109	Dylan Smith	Unattached	103.70	60	65	-70	65	90	95	100	100	165	1 st	180.6138

