



SPÓRT ÉIREANN  
SPORT IRELAND



**Competition:**

Ulster Open Championships - 2018

**Location:**

CrossFit Letterkenny

**Date:**

26th, May 2018

**Group 2:**

Male Weight Classes

Lot No.	Gndr	Div	Wt Class	Name	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Sinclair
								1	2	3		1	2	3				
1	M	Y	56	Jude Davis	2003	Unattached	53.00	45	48	-52	<b>48</b>	50	55	-60	<b>55</b>	<b>103</b>	1	168.0229
2	M	Y	69	Adam Sutherland	2001	Unattached	66.00	70	-75	-78	<b>70</b>	90	-95	-96	<b>90</b>	<b>160</b>	1	221.6014
4	M	Jr	77	Aaron Anderson	1999	FitHub Barbell Club	73.80	72	76	80	<b>80</b>	96	-99	103	<b>103</b>	<b>183</b>	1	236.1835
6	M	Sr	77	Niall Grainger	1995	Unattached	74.00	75	-77	-79	<b>75</b>	95	98	103	<b>103</b>	<b>178</b>	2	229.3624
5	M	Sr	77	Pierce Mc Manus	1992	Unattached	75.90	65	70	-75	<b>70</b>	95	100	105	<b>105</b>	<b>175</b>	3	222.19
7	M	Jr	77	Paul Costello	1998	NUIG WL Club	76.90	45	48	-52	<b>48</b>	-60	60	65	<b>65</b>	<b>113</b>	4	142.4058
3	M	Sr	77	Conor Mc Hale	1984	Unattached	73.30	45	-48	48	<b>48</b>	55	60	-62	<b>60</b>	<b>108</b>	5	139.9526
11	M	Jr	85	Donal Mc Laughlin	1999	Unattached	81.00	100	104	-107	<b>104</b>	120	125	-130	<b>125</b>	<b>229</b>	1	280.5074
10	M	M	85	Damien St Ledger	1982	Unattached	83.20	-90	92	-95	<b>92</b>	-110	110	-115	<b>110</b>	<b>202</b>	2	244.0113
9	M	Sr	85	Sean Tianihad	1988	FitHub Barbell Club	81.00	78	82	86	<b>86</b>	98	102	-106	<b>102</b>	<b>188</b>	3	230.2856
8	M	M	85	Ruairi Crealey	1981	FitHub Barbell Club	82.70	70	75	-78	<b>75</b>	-85	85	-94	<b>85</b>	<b>160</b>	4	193.8745
12	M	Sr	94	Lewis Knox	1995	Unattached	90.20	110	114	119	<b>119</b>	144	147	152	<b>152</b>	<b>271</b>	1	314.841
13	M	Sr	105	Iain Mc Gonigle	1989	Unattached	105.00	-80	-80	80	<b>80</b>	90	95	-100	<b>95</b>	<b>175</b>	1	191.251

Colin Buckley

Referee

Ronnie Whiteway

Referee

Jim Kelly

Referee