



WEIGHTLIFTING IRELAND

The Munster Open Championships | Results

Event Details:

Munster Open Championships

Date: April 7th & 8th, 2018

Venue: Phoenix Strength & Conditioning

Div	Wt	Name	Year of	Club	Body	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair
	Class		Birth		Wt	1	2	3	Sn	1	2	3	C&J			
Sr	-69kg	Aaron Collins	1996	Elevate Barbell Club	65.10	-70	70	75	75	90	95	100	100	175	1 st	241.2882
M	-69kg	Colm Whelan	1982	Unattached	66.40	73	-76	76	76	103	-106	106	106	182	1 st	251.0557
M	-69kg	Billy Caball	1942	Cork Weightlifting Club	68.00	35	37	39	39	45	47	49	49	88	1 st	119.5024
Sr	-77kg	Owen Mc Donnell	1996	NUIG	77.00	80	85	-90	85	100	107	-112	107	192	1 st	239.65
Sr	-77kg	Emmet Reaney	1998	Unattached	76.10	73	78	82	82	93	-98	101	101	183	2 nd	231.9971
Sr	-77kg	Pierce McManus	1992	Unattached	76.40	60	65	70	70	90	95	100	100	170	3 rd	215.0329
Sr	-77kg	Rinnell Mendoza	1994	Cork Weightlifting Club	73.60	52	56	60	60	68	73	77	77	137	4 th	175.32
M	-77kg	Wayne Healy	1977	Unattached	77.00	91	96	-100	96	128	135	146	146	242	1 st	302.0531





Sr	85	David Nolan	1993	Unattached	85.00	111	-116	-117	111	141	-147	-150	141	252	1 st	301.1488
Sr	85	Cillian McNamara	1987	Unattached	83.80	97	-102	103	103	122	126	-132	126	229	2 nd	275.6184
Sr	85	Carl Donnelly	1987	Unattached	84.70	93	-97	-98	93	116	120	124	124	217	3 rd	259.7787
Sr	85	Colm Rigney	1990	Unattached	78.00	83	86	90	90	115	121	-125	121	211	4 th	261.5523
Sr	85	Robert Mulcahy	1988	Unattached	84.90	80	87	92	92	110	115	-120	115	207	5 th	247.5168
Sr	85	Diarmuid Sheehan	1986	Cork Weightlifting Club	83.80	80	84	-91	84	105	109	114	114	198	6 th	236.6856
Sr	85	Shane Griffin	1983	Phoenix S&C	82.00	-75	75	77	77	96	100	102	102	179	7 th	216.2618
Sr	85	Adam Burke	1994	Cork Weightlifting Club	82.00	72	75	79	79	92	-96	96	96	175	8 th	211.4291
Sr	85	Stuart Grehan	1991	Performance Therapy IRL	84.10	65	70	75	75	85	90	95	95	170	9 th	202.8655
Sr	85	Cathal O' Brien	1996	Unattached	83.70	60	65	-70	65	75	77	80	80	145	10 th	174.6237
M	85	Tom Scanlon	1972	Unattached	82.00	-80	-80	-80	--	100	-107	-110	100	--	--	0
Sr	-94kg	Stephen Barry	1994	Unattached	87.90	90	93	96	96	118	122	125	125	221	1 st	259.8465
Sr	-94kg	Gordon Wade	1985	Performance Therapy IRL	94.00	90	95	100	100	110	114	-117	114	214	2 nd	243.056
Sr	-94kg	Mark Rowan	1995	CFI Weightlifting Club	88.50	80	85	88	88	100	105	110	110	198	3 rd	232.06
Sr	-94kg	Colin Dunne	1991	Unattached	86.40	65	-68	70	70	85	-90	95	95	165	4 th	194.4089
Sr	-94kg	Carl Grehan	1993	Performance Therapy IRL	89.50	65	70	-75	70	85	90	95	95	165	5 th	191.3401





Sr	-94kg	Cillian Myles	1993	Unattached	92.00	53	-57	58	58	72	77	82	82	140	6 th	161.2148
M	-105kg	Brendan Quinn	1974	Unattached	97.40	87	90	93	93	112	-117	120	120	213	1 st	239.4493
Sr	-105kg	Michael O Rourke	1994	Phoenix S&C	103.6 0	67	70	72	72	97	-100	100	100	172	1 st	188.8695

