



# WEIGHTLIFTING IRELAND

## National Championships, 2018 – Qualification Entry Totals

<b>Men</b>	
<u>Weight Class</u>	<u>Total</u>
-56kg	170kg
-62kg	183kg
-69kg	197kg
-77kg	211kg
-85kg	222kg
-94kg	233kg
-105kg	243kg
+105kg	253kg

<b>Women</b>	
<u>Weight Class</u>	<u>Total</u>
-48kg	99kg
-53kg	107kg
-58kg	115kg
-63kg	122kg
-69kg	129kg
-75kg	135kg
-90kg	143kg
+90kg	155kg

\*\* Qualification deadline - December 31<sup>st</sup>, 2017.

\*\* If you achieved the desired total for your weight class at the 2017 National Championships or at any national or international level competition since or within the past 11 months you will automatically qualify for the 2018 National Championships.

\*\* 2018 National Championships – Details;

Date: February 3<sup>rd</sup> & 4<sup>th</sup>, 2018 | Venue: L.I.T Thurles, Co. Tipperary.