

Connaught Open

14 May 2016

Planet Fitness, Galway

Women

48 kg.	1	Carolyn O'Leary	Waterford	Waterford	47.70	48	63	111	182.96	Snr.
	2	Mags Beckett	Peak Performance	Cork	47.60	37	44	81	133.76	Snr.
	3	Kym Murray	Galway	Galway	44.10	28	43	71	125.72	Snr.
53 kg.	1	Kelly Lee	Galway	Galway	49.30	50	61	111	177.79	Snr.
	2	Stephanie Enright	Peak Performance	Cork	52.70	35	45	80	121.23	Snr.
58 kg.	1	Michelle Curtin	Galway	Galway	57.30	62	82	144	204.55	Snr.
63 kg.	1	Saoirse Houlihan	CrossFit	Waterford	61.20	47	57	104	140.95	Jnr.
69 kg.	1	Lisa Donnegan	Dublin	Dublin	68.20	41	61	102	128.89	Snr.
	2	Kerrie Beckett	Peak Performance	Cork	68.70	35	50	85	106.94	Snr.
75 kg.	1	Kamila Kierzkowska	Clonmel	Tipperary	74.90	65	86	151	180.93	Snr.
	--	Hannah McCormack	Resistance	Limerick	73.90	54	0	54	65.17	Snr.
+75 kg.	1	Kelly McNicholis	Galway	Galway	89.20	70	85	155	171.30	Snr.
	2	Caitriona Mills	Galway	Galway	89.10	57	69	126	139.31	Snr.

Men

50 kg.	1	Eoin Carrig	Galway	Galway	42.50	22	30	52	103.43	U15
62 kg.	1	Jamie Croke	Capital	Dublin	60.10	64	77	141	208.57	U16
69 kg.	1	Oisín Carrig	Galway	Galway	66.00	55	72	127	175.90	U16
	2	Billy Caball	Cork	Cork	69.00	39	54	93	125.11	M8
+94 kg.	1	Stefan Dunne	Hercules	Dublin	101.60	40	51	91	100.64	U17
69 kg.	1	Jack Henry	Galway	Galway	69.00	80	93	173	232.73	Jnr.
	2	Owen McDonnell	Galway	Galway	68.40	78	94	172	232.69	Jnr.
	3	Sean McElroy	Capital	Dublin	68.90	60	80	140	188.51	Jnr.
77 kg.	1	Laurence Nee	Galway	Galway	74.10	65	85	150	193.13	Snr.
	2	Geoffrey Hubert	Galway	Galway	70.50	52	67	119	157.92	Snr.
	3	Ted Brosnan	Galway	Galway	69.40	50	60	110	147.43	U16
	4	Ben O'Sullivan	Galway	Galway	77.00	48	62	110	138.52	U16
	5	Elijah Muldowney	Galway	Galway	71.30	43	55	98	129.15	Snr.
85 kg.	1	Darragh Bolton	Galway	Galway	84.00	82	115	197	236.82	Snr.
	2	Conor Joyce	Galway	Galway	84.40	37	52	89	106.73	U15
+94 kg.	1	Robert O'Connor	Galway	Galway	136.00	55	65	120	122.59	U16
105 kg.	1	Paul Reddy	Galway	Galway	99.40	45	80	125	139.40	Snr.

European Union Cup

6-7 May 2016

Cospicua, Malta

69 kg.	Jack Henry	Galway	Ireland	69.00	85	100	185	248.87	Jnr.
69 kg.	Oisín Carrig	Galway	Ireland	69.00	80	95	175	235.42	Jnr.
85 kg.	Owen McDonnell	Galway	Ireland	85.00	80	95	175	209.13	Jnr.