

Irish Amateur Weightlifting Association

Cumann Amaiteireach Togail Mheachaine na h-Eireann

Trading as

Weightlifting Ireland

(Affiliated to the International Weightlifting Federation)

General Foreword

All policies and procedures will stand for a maximum of one Olympic cycle before they are to be reviewed.

All review must be carried out at director level, with appropriate reflection and implementation of lessons learnt, corrective action and the continuous improvement of the standards of governance by weightlifting Ireland for the benefit of our members



20 Raymond Street, South Circular Road, Dublin 8

Phone: 00 353 1 4541750 Fax: 00 353 1 4547231

e-mail: secretary@weightliftingireland.com