



SPÓRT ÉIREANN
SPORT IRELAND



Competition:

Ulster Open Championships - 2018

Location:

CrossFit Letterkenny

Date:

26th, May 2018

Group 2:

Male Weight Classes

Lot No.	Gndr	Div	Wt Class	Name	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Sinclair
								1	2	3		1	2	3				
1	M	Y	56	Jude Davis	2003	Unattached	53.00	45	48	-52	48	50	55	-60	55	103	1	168.0229
2	M	Y	69	Adam Sutherland	2001	Unattached	66.00	70	-75	-78	70	90	-95	-96	90	160	1	221.6014
4	M	Jr	77	Aaron Anderson	1999	FitHub Barbell Club	73.80	72	76	80	80	96	-99	103	103	183	1	236.1835
6	M	Sr	77	Niall Grainger	1995	Unattached	74.00	75	-77	-79	75	95	98	103	103	178	2	229.3624
5	M	Sr	77	Pierce Mc Manus	1992	Unattached	75.90	65	70	-75	70	95	100	105	105	175	3	222.19
7	M	Jr	77	Paul Costello	1998	NUIG WL Club	76.90	45	48	-52	48	-60	60	65	65	113	4	142.4058
3	M	Sr	77	Conor Mc Hale	1984	Unattached	73.30	45	-48	48	48	55	60	-62	60	108	5	139.9526
11	M	Jr	85	Donal Mc Laughlin	1999	Unattached	81.00	100	104	-107	104	120	125	-130	125	229	1	280.5074
10	M	M	85	Damien St Ledger	1982	Unattached	83.20	-90	92	-95	92	-110	110	-115	110	202	2	244.0113
9	M	Sr	85	Sean Tianihad	1988	FitHub Barbell Club	81.00	78	82	86	86	98	102	-106	102	188	3	230.2856
8	M	M	85	Ruairi Crealey	1981	FitHub Barbell Club	82.70	70	75	-78	75	-85	85	-94	85	160	4	193.8745
12	M	Sr	94	Lewis Knox	1995	Unattached	90.20	110	114	119	119	144	147	152	152	271	1	314.841
13	M	Sr	105	Iain Mc Gonigle	1989	Unattached	105.00	-80	-80	80	80	90	95	-100	95	175	1	191.251

Colin Buckley

Referee

Ronnie Whiteway

Referee

Jim Kelly

Referee