



European Youth Championships – Weightlifting Ireland Qualifying Procedures

The European Youth Championships are scheduled to take place September 23rd-30th in Prishtina, Kosovo.

Weightlifting Ireland has set out minimum standards for Irish Youth athletes who wish to compete at these championships.

Please note – *Weightlifting Ireland will only consider athletes who qualify for the U17 category at this competition and will not send athletes aged under fifteen years of age for an international competition of this standard.*

For an athlete to be considered for selection for this competition they must:

1. Hold a valid Irish passport or hold residency for a minimum of 3 years on the Island of Ireland.
2. (In the case of multiple citizenship, the athlete must not have represented any other country at a competition or competitions organised by the IWF or any of its continental federations, within a twelve month period).
3. Be a current member of Weightlifting Ireland, and be in good standing with Weightlifting Ireland and/or its affiliated bodies or partners.
4. Be compliant with the Weightlifting Ireland anti-doping procedures.
5. Be fully compliant with the ADAMS whereabouts system no later than June 30th 2017
6. Be aged between fifteen and sixteen years old (inclusive) on the 1st of January 2017 to qualify as an U17 lifter.
7. Have achieved the relevant Weightlifting Ireland qualification standard (please see below) in a sanctioned Weightlifting Ireland competition starting from the National Youth Championships 2017 and ending with the National Club Championships (inclusive).
8. In order to be deemed eligible, athletes must compete at the National Youth Championships 2017

European Youth Championships minimum standards – Boys

| Cat. | Total |
|-------------|--------------|
| 50 | 159 |
| 56 | 174 |
| 62 | 187 |
| 69 | 201 |
| 77 | 214 |
| 85 | 225 |
| 94 | 236 |
| Over 94 | 245 |

European Youth Championships minimum standards – Girls

| Cat. | Total |
|-------------|--------------|
| 44 | 97 |
| 48 | 105 |
| 53 | 113 |
| 58 | 121 |
| 63 | 127 |
| 69 | 134 |
| 75 | 140 |
| Over 75 | 150 |

For any queries on the selection procedures for this competition, please email secretary@weightliftingireland.com