

**Ulster Development Programme**

31 July 2016

Titanic Exhibition Centre, Belfast

					Women					
44 kg.	1	Reid McSharry	Next Generation	Ballymena	31.50	17	22	39	99.15	U11
48 kg.	1	Jude Davis	Next Generation	Ballymena	44.80	27	35	62	108.18	U13
53 kg.	1	Brodie McClelland	Next Generation	Ballymena	48.90	26	30	56	90.32	U11
69 kg.	1	Chloe McMorran	Asylum	Newtownards	64.40	58	72	130	170.28	Snr.
+75 kg.	1	Claire McLarnon	Asylum	Newtownards	97.00	65	85	150	160.81	W1
	2	Connola McElvanna	St. Gabriel's	Belfast	107.00	40	43	83	86.48	Snr.
					Men					
50 kg.	1	Nicholas Moore	Adonis	Belfast	42.40	30	40	70	139.55	U13
	2	James Donnan	St. Gabriel's	Belfast	41.30	23	28	51	104.34	U13
56 kg.	1	David Kearney	St. Gabriel's	Belfast	51.10	35	41	76	127.81	U15
	2	Shea Kelly	Asylum	Newtownards	54.80	31	45	76	120.67	U15
	3	Elliot Montgomery	Next Generation	Ballymena	51.10	18	26	44	74.00	U13
69 kg.	1	Adam Sutherland	Next Generation	Ballymena	63.30	38	55	93	132.54	U15
77 kg.	1	Adam Johnson	Asylum	Newtownards	73.90	68	90	158	203.75	Snr.
	2	Travis Brown	Next Generation	Ballymena	71.00	28	36	64	84.56	U13
	--	James Small	Asylum	Newtownards	76.70	0	125	125	157.76	Snr.
85 kg.	1	Damien St. Ledger	Next Generation	Ballymena	78.90	86	110	196	243.50	Snr.
	2	Keith Russell	Asylum	Newtownards	82.40	84	110	194	235.51	Snr.
+105 kg.	1	Aaron Small	Asylum	Newtownards	109.00	110	140	250	269.79	Snr.

**Barbells and Brews Competition**

11 July 2016

Dublin

					Women					
58 kg.	1	Katelyn Reuther	GoLift	Newtownabbey	57.65	55	71	126	178.18	Snr.
63 kg.	1	Kortney Karnock-Bavone	Capital	Dublin	60.50	58	78	136	185.79	W1
	2	Heather Donnelly	Dublin	Dublin	58.45	52	68	120	168.00	W1
75 kg.	1	Lucy Moore-Fox	Capital	Dublin	73.30	39	53	92	111.53	W5
					Men					
62 kg.	1	Jamie Croke	Capital	Dublin	60.45	70	90	160	235.67	U16
69 kg.	1	Sean McElroy	Capital	Dublin	68.30	64	90	154	208.53	U18
75 kg.	1	Karl McClean	GoLift	Newtownabbey	72.85	70	115	185	240.62	Jnr.
85 kg.	1	Sami Dowling	Prodigy	Dublin	81.80	95	120	215	262.00	Snr.
	2	Eoin O'Flaherty	Capital	Dublin	83.00	96	117	213	257.62	M1
	3	Johnny Lyons	GoLift	Newtownabbey	82.25	90	116	206	250.32	M1
	4	Dylan Morrissey	Capital	Dublin	78.20	73	104	177	220.98	Snr.
	5	Eadbhar Pernot	Capital	Dublin	76.25	62	84	146	184.88	U23
94 kg.	1	Cathal Byrd	Capital	Dublin	86.65	106	150	256	303.06	Snr.
	2	Peter Stewart	GoLift	Newtownabbey	86.05	110	140	250	296.96	M1
	3	Simone Scarpantonio	Capital	Dublin	93.10	94	126	220	252.02	M1
	4	Mark McInerney	Perpetua	Dublin	85.20	62	90	152	181.43	U23
	5	Tom Brady	Capital	Dublin	89.10	53	72	125	146.04	M3
105 kg.	1	Friday Olusola	Capital	Dublin	97.25	125	140	265	298.09	Snr.
	2	Gieusep Aschettino	GoLift	Newtownabbey	94.40	105	140	245	279.00	Snr.
	3	David Whately	Capital	Dublin	96.10	95	130	225	254.32	Snr.