Friday Group 1: START TIME 19h30, WEIGH IN 17h30-18h30

								Snatch			Clean &Jerk					
No.	Bw	Name	Surname	Cat	Sex	YOB	Club	1	2	3	1	2	3	Total	Sinclair	Rank
43	71.8	Caoimhe	Burns	75	F	1986	CrossFit Ireland	41	44	46	52	52	54	98	120.17	
70	55.15	Nikolett	Barta	58	F	1991	Capital Strength	32	34	36	43	46	48	84	122.82	
22	59.6	Cathy	McManus	63	F	1986	Capital Strength	34	36	38	47	50	53	88	121.49	
14	58	Ursula	Macken	58	F	1981	Prodigy	35	37	~~39~~	50	53	56	93	130.93	
60	61	Gillian	Barry	63	F	1999	Unattached	45	47	50	65	68	70	120	163.00	
40	65.8	Lara	McManus	69	F	1989	Prodigy	50	53	57	76	79	82	139	179.58	
90	74.1	Richard	Slevin	77	M	2000	Unattached	57	60	~~63~~	76	80	84	144	185.40	
42	82.6	John	Stack	85	M	1976	Capital Strength	75	78	81	95	99	101	182	220.67	
89	82.95	Sam	Stewart	85	M	1997	CrossFit Ireland	110	~~111~~	~~113~~	138	138	141	248	300.04	

Referee	
Center	James Fleming
Left	Jimmy Jennings
Right	Alexandria Craig

Saturday Group 1: WEIGH IN 12h00-13h00, Start time 14h00

								Snatch			Clean &Jerk					
No.	Bw	Name	Surname	Cat	Sex	DOB	Club	1	2	3	1	2	3	Total	Sinclair	Rank
100	62.15	Sinead	O'Neill	63	F	1986	Unattached	28	30	31	38	41	43	74	99.24	
49	45.4	Kym	Murray	48	F	1998	Galway WLC	27	28	31	43	45	45	73	125.81	
14	74.3	Lucy	Moore-Fox	75	F	1957	Capital Strength	36	38	40	50	52	54	90	108.30	
57	52.25	Sari	Redican	53	F	1975	Capital Strength	46	49	49	56	58	60	106	161.74	
74	66.35	Oisin	Carrig	69	M	2000	Galway WLC	55	56	60	70	75	80	140	193.22	
66	60.95	Jamie	Croke	62	M	2000	Capital Strength	66	69	71	85	88	91	162	237.19	
89	67.34	Sean	McElroy	69	M	1998	Capital Strength	67	69	71	86	89	91	162	221.40	
1	83.6	Sami	Dowling	85	M	1986	Prodigy	88	92	96	115	120	125	216	200.29	
36	86.65	Barry	McDermott	94	M	1980	Unattached	100	105	105	130	135	140	235	278.20	
25	96.15	Friday	Olusola	105	M	1990	Capital Strength	125	130	135	145	150	155	290	327.73	

Referee

Center Jimmy Jennings

Right Laura Nolan

Left Patsy Conboy